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## Foreword

Another year has seen another phenomenal wave of youth-led change.

In 2025, Restless Development will be celebrating 40 years, and the 10 million young leaders we've reached. Every one of those forty years has come with challenges and valuable lessons learnt. Every year has also come with a lot to celebrate. When young people have the chance and someone that believes in them (especially a fellow young person), fantastic things can happen.

We are so proud of our team, and the growing network of young leaders, together enabling us to reach close to 200,000 young people this year. We're even more delighted to share that when asked, 99% of our young leaders shared that they felt supported by us to develop as a leader.

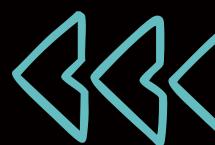
The world has no shortage of challenges but read on and you'll see the world also has no shortage of young changemakers. As a result, our young leaders are ensuring a growing number of young people have positive role models, can access contraception, are informed and participate in elections, are trained up in financial literacy, planting trees and tackling plastic pollution.

These interventions are not only having real meaningful impact, it's enabled our young leaders to grow, to connect with and inspire a growing number of young people to innovate, to create and lead change.

The ripple effect that happens when you invest in youth leadership is what we call Youth Power. It's infectious, optimistic and a force to be reckoned with. No surprises that the Youth Power Summit was the 'hippest venue in town' at the UN's Summit of the Future, or that the Youth Mobilisers had a phenomenal impact on the Ministerial on Ending Violence Against Children.

None of this would be possible without the incredible people that make up Restless Development. Whether you're a supporter, a volunteer, a partner or friend - THANK YOU. With your help the magic of Youth Power continues to shape the world for the better.

- Alex Kent and Kate Muhwezi



Dear Future Me,

As I write this in 2025, I am a Youth Power Champion with Restless Development, amplifying the voices of young changemakers like myself who are working tirelessly for a better world. I've met incredible youth leaders, worked together on different campaigns, spoken out on various important issues that impact our future, and taken part in efforts to ensure that our generation is not only seen but heard. And yet, the challenges remain.

Nepal's mountains are melting at an alarming pace. If we don't act now, the Himalayas will soon stop smiling. However, our voices are still sidelined in many decision-making spaces. Despite it all, I remain hopeful because I've seen what happens when young people come together—how powerful we are when we rise, speak, and act.

I hope that by 2035, you are living in a world where young people are not fighting to be included but are already leading. I hope the effects of climate change have been curbed, that global leaders listened to our urgent demands, and acted collectively to solve the climate crisis. I hope youthled movements have become the norm, not the exception. I hope Nepal is still as beautiful as I remember it, with mountains standing tall and proud. And I hope that you, reading this now, have kept the fire alive—that restlessness for justice, that dream for equity, and that commitment to leave the world better than we found it.

If you've stumbled along the way, that's okay. Growth is never linear. But don't forget where you started, and never forget why you began. To every young person reading this: your voice matters. Your actions count. Keep going, even when the world tells you otherwise. Because our generation has always been more than a promise for the future—we are the power of the present. And together, we are unstoppable!

With restless spirit and belief,

#### Priyanka Shrestha

Youth Power Champion, Nepal



A Letter to My Future Self



## **Our Values**

We are Restless.

We stand for every individuals' right to thrive and will challenge any form of discrimination.

Our differences make us stronger.

## **Our Work**

Restless Development supports young people to lead change. We provide opportunities for young people to build confidence, networks and skills so that their work has a lasting impact. Our work might differ depending on the context and challenge, but it is always led by young people in their communities and in line with our Power Shifting Principles.

Between October 2023 and September 2024 we:

- supported 30,572 young people to use their voice and evidence to influence decision makers:
- equipped **94,597** young people with knowledge and awareness about their bodies, sexual and reproductive health and sexual rights;
- trained **55,550** young people in skills to make a living as well as promote savings behaviour and confidence to make **Financial decisions:**
- assisted 11,492 young people to mobilise action in their communities to respond to climate change and natural disasters: and
- engaged **2,782** stakeholders in our work including government officials, non-profit partners and community organisations.

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programmes

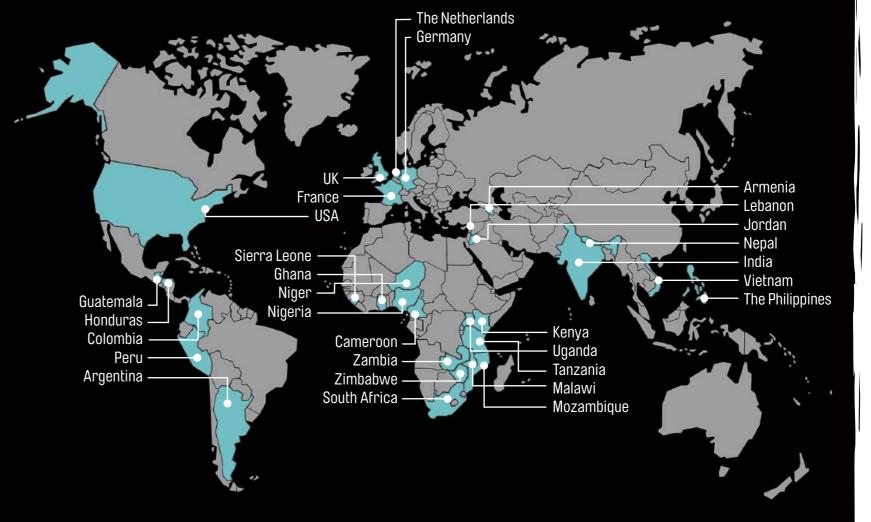
countries

young leaders

192,211

young people directly reached 9,168,958

young people reached and connected with across the world, including through our social media campaigns and digital engagement activities



Young leaders value the support provided by Restless Development. Our Annual Young Leaders Survey is an important part of our process to listen to young people, gather feedback, and continually improve our support.

This year, results from the survey indicate that:

99% of young leaders feel proud to volunteer with Restless Development as they are listened to and their contributions are recognised and valued.

**96%** of young people appreciated the quality of training, ongoing support and communication, rating them either excellent or good for the past two years.

99% reported having been supported to become leaders, through ongoing mentorship, soft skills training, resourcing, knowledge to make informed decisions, and platforms for advocacy. Young people have found volunteering beneficial and instrumental to further their career journey and economic empowerment.

**99%** of the young leaders reported that Restless Development encourages, welcomes and values diversity in its workplaces and programmes.

## **Our Vision**

Restless Development is a locally led, globally connected network united by a common vision and global strategy.

We are on a transformational journey - committed to shifting power and resources. Every Hub is led by a Director, who is a national citizen of that country, and governed by a national Board of Trustees. There's no HQ or international team in London - instead we have a globally distributed leadership team that is distributed and embedded in our Hubs and the work that we do.

Our globally connected network includes the Youth Collective, a global inclusive network of young people and youth-led organisations that are driving change, challenging systems, and shaping a better future.

We have global Co-CEOs who are committed to collective and feminist leadership approaches.

We are bound together by our mission for youth-led change, which is explained in our new Theory of Change.

## **Our Theory of Change**

A visualisation of what we do, how we do it and the impact of our work.

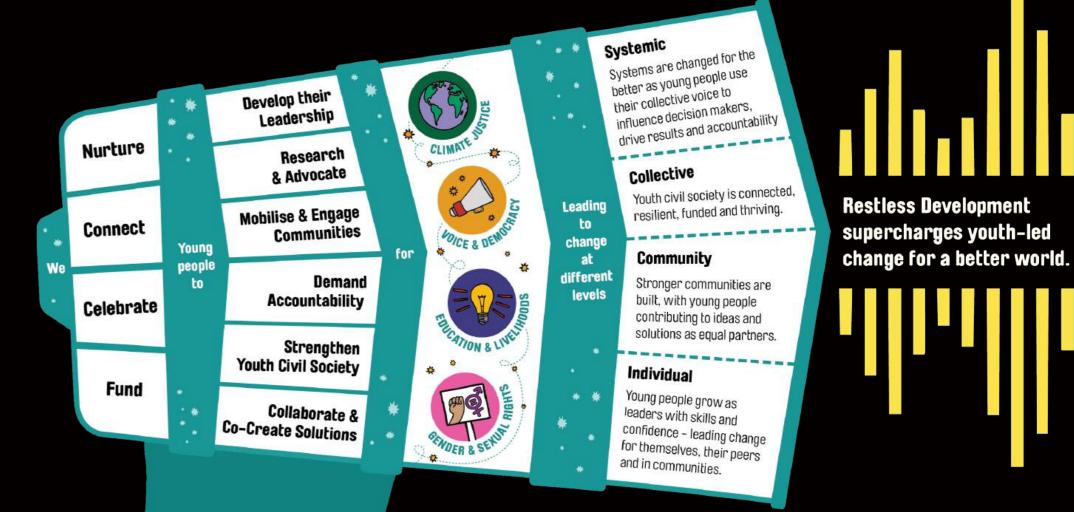
### The world we live in

Half the world's population is under 30. Yet, young people are consistently underfunded, continue to face the brunt of multiple overlapping crisis and are left out of decisions that shape their future.

### We want to change this.

Young people are the present and future for strong and prosperous economies, fair and democratic societies and a thriving, livable planet. Young people are leading work every day to tackle the biggest challenges. Youth power is this collective force of youth-led change.

**We support Youth Power.** 



## Championing **Youth Power**

Half the world is under 30, with 1.9 billion youth. Young people are not just participants - they're a powerful force for change and experts in their own realities. Despite this, young people are consistently underfunded, continue to face the brunt of many interconnected global crises, and are often left out of the decisions that shape their future. Our mission is to change this.

This year we have championed Youth Power via:



### THE YOUTH COLLECTIVE

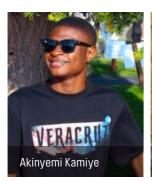
Between October 2023 and September 2024, **370 new organisations** joined our youth collective platform, bringing the total to **4,720 members**. This global movement of young people and youth-led organisations is driving change, challenging systems, and shaping a better future, through innovation, advocacy, and collective action. The Youth Collective is providing a platform to redefine Youth Power everywhere. We have continued to convene the Youth Collective as a space to nurture, connect, celebrate and fund Youth Power.

### **Nurturing Youth Power**

We nurtured 78 NGOs and community youth groups and 38 young people through online or in-person collaborative events, facilitated leadership workshops, webinars, networking sessions that sparked creativity, fostered connections, and amplified the voices of young people globally. We used peer-led approaches, offering the opportunity for young leaders to directly support other young leaders.

### **Celebrating Youth Power**

We have embraced power-shifting in storytelling by placing young people in control of the #YouthPower narrative. With our support, a dynamic team of five Youth Power Champions from Africa, Asia, Middle East and North Africa, Latin America, and Europe are using their storytelling expertise to shape perspectives and influence decision-makers. With expertise in digital communication, photography, video, and social media storytelling, the Youth Power Champions have used their voices to champion and amplify the voices of other young changemakers and celebrated the power of youth-led action.













#### **SAUMYA SINGH**

Saumya Singh, a young leader and advocate from India, is fueled by a passion to champion girls' education and smash gender barriers. Saumya is an educator and has been working with Restless Development to empower young girls with knowledge about sexual and reproductive health and rights. She aspires to ignite conversations about gender equality and challenge the status quo.

#### **UPENDO MWAKYUSA**

Upendo Mwakyusa, a Tanzanian environmental scientist and advocate, is an SDG champion who works with local communities to build resilience and sustainable development through environmental conservation. Upendo has written articles to highlight the need for science-based interventions and has worked with Restless Development Tanzania to motivate community members to take charge, and constructively play their part to conserve the environment. She is the founder of an environmental organisation known as Call for Environmental Conservation and was the recipient of the 'Best Lady in Environmental Conservation' award in Tanzania.

RESTLESS DEVELOPMENT ANNUAL REPORT 2024 11

ON PACKED: There has been quite a buzz around the U.N. this weekend as vil society groups, youth representatives and other constituencies with a stake in pact being proposed today descended on U.N. Headquarters for the Summit of he Future "Action Days." Side events also took place across Manhattan — the pest venue was the Blue Gallery in Midtown, which is hosting the Youth Power mmit this weekend facilitated by Fondation Botnar and Restless Development.



### **Connecting Youth Power**

We connected 715 young people and organisations through online or in-person collaborative events:

- The Youth Power Summit - co-organised with Fondation Botnar to run alongside the UN Summit of the Future - was a truly youth-led forum that united young people, youth organisations, high level decision-makers and donors. The Summit enabled



young people to talk about the issues they care about in a safe and inclusive platform, and explored ways to work together to effect change. The two-day youth-led program hosted 350 participants from over 60 countries with over 60% of the attendees under the age of 34.

Over 270 young activists participated in **Democracy Moves 2024 Annual Conference** 

themed "Youth Power for Inclusive Democracy: Exploring New Innovations in Evolving Civic and Governance Spaces", held

in Nairobi, Kenya. The conference spotlighted concerns of the next generation about global democratic erosion and rising youth discontent with the state of democracy, including the rise of authoritarianism and the shrinking of civil liberties. This year's conference aimed to provide a platform for young leaders to engage, reflect, and generate ideas in support of good governance through a hybrid approach, with 60 attendees joining in-person and 210 participating remotely.





- A standout feature was the thematic performance by the Amazon Theatrix Ensemble, which highlighted the importance of civic engagement and youth participation in politics. The event, with 15 sessions, included interactive workshops and panel discussions.
- Numerous networking opportunities were facilitated by Democracy Moves and Youth Collective Member Networks, alongside partners including Accountability Lab, IFES, The National Democratic Institute, the Global Grassroot Support Network, and Youth Building in Integrity.
- Through the Entrepreneurship Exchange Series, in partnership with the Center for International Private Enterprise, we hosted two sessions of a 5-part series, with 95 young people, youth civil society organisations and entrepreneurs to create a space to share experiences, identify challenges, and generate solutions to ensure a thriving youth civil society of entrepreneurs. The sessions explored how young entrepreneurs in Africa are driving sustainable enterprises amidst environmental challenges, and the current landscape, barriers, and enablers of young girls and women's participation in tech-based entrepreneurship.
- We connected with over 3,500 organisations via the **Youth Collective newsletter**, providing news and links to jobs, grants, and funding opportunities. According to the Youth Collective Impact Assessment (conducted in April 2024) this provided 74% of Youth Collective organisations with access to financing opportunities they were previously unaware of. Sixty-one percent (61%) of the Youth Collective members submitted applications, with 26% successfully securing funding.

### **Funding Youth Power**

We are committed to shifting power and creating a thriving, supported and funded youth civil society. In 2024 we launched several flexible youth funds for young people and youth organisations to devise innovative solutions to counter the unique challenges faced by young people in their communities.

- The **Youth Climate Action Lab** provided £25,000 to five youth organisations in Bengaluru, India to devise climate response and mitigation techniques. Through our support, the work of these young people has led to;
- The rejuvenation of a community well which is now providing safe drinking water to more than 500 households in one of the biggest informal settlements in the city.
- The development of interactive games to educate young people about climate
- Campaigns on reducing plastic waste and reusing cutlery at wedding halls.
- The provision of training to young people on solid waste management and water management strategies.
- The **Young Gamechangers Fund** provided flexible funds and a tailored support offer to 33 grantees between the ages of 10-25 years in the United Kingdom. The fund demonstrated a truly youth-led process with a Youth Steering Group co-designing, branding and developing every aspect of the fund from the application process to the grant decisions. The young grantees received a total of £577,000 and are working to empower social and religious marginalised communities, including refugees, asylum seekers, young people with disabilities and trans people through awareness on their rights; imparting practical skills; advocating for them to be supported; training young people to participate in local decision-making at the town councils; and providing mental health support.



### **ENDING VIOLENCE AGAINST CHILDREN**

In preparation for the first ever **Global Ministerial Meeting to End Violence Against Children**, hosted by the Government of Colombia in November 2024, we worked with ten Youth Mobilisers from Brazil, Cote d'Ivoire, India, Kenya, Malawi, Peru, the Philippines, Uganda, USA, and Zimbabwe, between the ages of 18 and 24 to ensure that their voices and views were central to pivotal discussions on ending violence against children.

At the same time, we ran the **SAFE Photography Project**, in partnership with the World Health Organization (WHO), supporting 12 young photographers to launch a high-profile immersive photo exhibition at the Ministerial event to tell the story of what feeling safe means to young people around the world.









### **YOUTH LABS**

Our work with the **AU-EU Youth Voices Lab** enables us to support a more youth-responsive and inclusive society across Africa and Europe. Through this programme we are working with young individuals aged 15 to 35, particularly those in hard-to-reach areas, to actively participate in policy-making and partnership building. We've used digital tools – such as the Youth Voices Lab App – to engage and co-create, and provided 15 micro-grants (from €5,000 – €10,000) to youth groups for research, advocacy and accountability. Alongside this, we have identified and built the capacity of 28 young researchers across Africa to conduct continental youth-led research.

In tandem, the **AU-EU Youth Action Lab** provides opportunities for young people in Africa and Europe to implement their ideas to respond to global challenges. Up to 110 grants ranging from €10,000 – 50,000 euros will be available to support innovative ideas by youth-led organisations or groups across 12 countries in Africa and Europe. Restless Development recruited a Youth Advisory Board to co-create the funding mechanism that will guide the granting process.





















## **Climate Justice**

Young people risk losing the most from climate change, yet they are systematically excluded from conversations to address it. We support young people to be leaders in transitioning to a just and sustainable world by strengthening youth civil society and an intergenerational response.

11,492/

••••••

young people were supported this year to lead awareness on climate change in schools and communities, highlighting mitigation strategies such as solid waste management, tree plantation and proper garbage disposal to foster a sense of community-led and owned commitment of consciousness towards the environment.

### **Q** INDIA AND NEPAL

**8,341** young people participated in school campaigns across India and Nepal through Climate Smart School clubs under the GreenShift Nepal project, raising awareness about proper garbage disposal and fostering a culture of environmental consciousness.



### **Q** INDIA

1,519 participated in awareness campaigns for solid waste management in India, demonstrating strong community support and interest in addressing climate change issues.

### O NEPAL

Rohit Chhetri, a student at Mangal Prasad Model

econdary School, one of the Climate Smart Schools

nder the GreenShift project, is learning about

roject activities at his school and sharing the

nowledge with his family.

imate change and the circular economy through

1,146 young people were engaged through the "TagMe Campaign", a digital initiative focused on raising awareness about landslides in Nepal. The campaign empowered participants to report incidents, while also advocating for policy reforms to enhance environmental protection efforts in the country.



### **Q** TANZANIA

311 young people from 12 civil society organisations were trained to raise their awareness in climate change and are now actively participating in the implementation of climate action activities. These include restoration of mangrove forests along the Lindi Municipal coastline, and tree plantation and waste management in Ubungo Municipality, Tanzania.

### **Q** INDIA

5 youth-led organisations in Bengaluru, India were funded and supported through a dedicated support offer to respond to the climate change related needs of their communities.

These organisations used the funds to raise awareness on fighting plastic waste by targeting wedding halls and leading campaigns to reuse cutlery to avoid plastic waste; developing games to raise awareness on climate change with adolescents and young adults; supporting communities to develop water management strategies; providing training to communities on solid waste management, and rejuvenating a community well to provide clean drinking water to 400 households.

With its support, we established an Eco Club that became the driving force for change. Through the club, we raised awareness across the school about the harmful effects of plastic waste. We successfully introduced a ban on junk food and implemented a penalty system to discourage students from bringing it to school. Additionally, we promoted the use of cotton fibre bags as an eco-friendly alternative to reduce waste generation.

Subash Karki, a teacher at Prabhat Secondary School, Nepal

# OUR WORK IN CLIMATE JUSTICE

- Climate Change and Health R&D (Zimbabwe)
- CO-CREATE Initiative (Tanzania)
- Global Girls Creating Change (Nepal + Uganda)
- Green Jobs (Zimbabwe)
- GreenShift Nepal-Circularity of Plastic Waste for Net-Zero Carbon Nepal (Nepal)
- Hungry for Action Campaign (Uganda + Tanzania)
- In Search of Green Jobs: Voices of (Unheard)
   Young People and Their Aspirations, Barriers
   and Negotiations with Work (Uganda)
- Nepali Yuwa for Climate Action and Green Growth (Nepal)
- Responding to Climate Change an Intergenerational Approach (Nepal)
- Youth Climate Action Lab (India)
- Youth Climate Communications Platform (India)
- Youth Research Academy (Uganda)

## **Voice and Democracy**

We believe more just and participatory democracies are possible, where institutions are accessible and responsive to young people.

We support young people to lead as active citizens and create change in their communities by influencing social and political structures, and those in power, with evidence-based solutions.

30,572

young people worked with us this year, collaborating with national governments to promote active citizenship and responsible voting behaviour, and using our youth-led accountability approach to hold decision makers and stakeholders accountable to their manifesto commitments to public service.



### ZAMBIA AND SIERRA LEONE

22,753 young people have engaged duty bearers in community dialogues to address pressing issues related to corruption and miscommunication in the distribution of school bursaries. limited participation and access to flexible funds for young people and procurement of equipment funded by the Constituency Development Fund (CDF) in Zambia and Sierra Leone. As a result, young people were invited by the District Commissioner's office to be part of the district level discussions related to the allocation of the Community Development Fund (CDF), following a letter they had written advocating for the inclusion of youth in these decision-making spaces.

### **Q** ZIMBABWE AND TANZANIA

**552** young champions in Zimbabwe and Tanzania were equipped with leadership skills, significantly boosting their confidence to take on leadership roles and influence duty bearers. This capacity-building has empowered them to actively engage with duty bearers and community leadership; advocating for young participation and representation in community developmental structures.

vernments to act in order to protect children from III forms violence. This was during the 1st Ministerial conference on Ending Violence Against Children in Bogota.



### **O** TANZANIA

The Tanzania hub was one of the local organisations tasked by the national government to engage young people to bring a youth perspective to the country's upcoming National Development Plan as well as educate first time voters on exercising their right in a responsible manner for the upcoming elections. Through the Kijana Wajibika project, we worked with nine youth-focused CSOs across nine regions to create civic awareness among young people. Seventy-seven percent (77%) of young people we engaged participated in the elections; with 4% being candidates for various positions (based on a survey conducted in Tanzania).

### **Q** ZAMBIA

community awareness campaigns organized under the Kudziwa Ishiwi project across 20 wards in Zambia. The campaigns aimed to raise awareness about key government social and economic initiatives, such as the Constituency Development Fund (CDF), designed to improve local social services and empower youth. As a result of these efforts, over 400 first-time voters were successfully mobilised and registered with the Electoral Commission's District Voter Education Committee. Additionally, local leaders provided valuable information and guidance on accessing CDF forms and other empowerment opportunities. Notably, one youth advisory board member was invited to join the Constituency Development Fund Committee in Chingola District, further strengthening youth representation in decision-making processes.

A total of **855** young people participated in

### **O** TANZANIA

81% of young people are confident to mobilise others to advocate for their rights with decision makers according to the impact assessment conducted across 9 regions of Tanzania under Kijana Wajibika project.

**66** I was not doing certain things due to lack of knowledge and the fear of being arrested by the government, mostly when it comes to defending the democratic space in our country. But now after going through training under Democratic Moves, I know my rights and I am able to stand my ground to advocate for the inclusion of young people's priorities. 55

### **OUR WORK IN VOICE & DEMOCRACY**

- Aim Youth Power (Zambia)
- AU-EU Youth Action Lab Lot 1 (Sierra Leone, Tanzania, Uganda, Zambia, Zimbabwe)
- AU-EU Youth Action Lab Lot 2 (Uganda)
- Citizen Engagement for Accountability Action (Zimbabwe)
- Ending Violence Against Children (UK)
- Kijana Wajibika SDG 16 (Tanzania)
- Kudziwa Ishiwi (Zambia)
- Learning Grant (Pod)
- Safe Photography project (UK)
- Strengthening CSOs for the Promotion of a Safe and Secure Environment for Children and Young People (Zambia)
- U-Report (Sierra Leone)
- Young Gamechangers Fund (UK)
- Youth Sounding Board (Consultancy) (Tanzania)



## **Education and Livelihoods**

We want all young people to have the skills, knowledge, resilience and opportunities that enable them to thrive. We take a youth-led approach to ensuring that every young person has quality education, and access to training and opportunities that set them up for life. We want all young people, especially women and girls, to be able to stay in school, and be able to make a sustainable, fulfilling living when they leave.

s a 17-year-old young mother and a participant in our Vijana Tunaweza

he received as part of the programme.

pgramme in Tanzania. She is currently domesticating pigs for business d is on a transformative journey toward self-reliance through the training

55,550

young people, parents, and community elders were supported this year to tap into their right for education. This included sessions and community dialogues on the importance of education, motivation to stay in school, and the benefits of completing education. To support livelihoods, young people were provided with financial literacy and numeracy skills to promote responsible savings behaviour, technical skills on entrepreneurship to support the establishment of youth-led businesses, and were connected to formal banking systems to improve financial security

### O SIERRA LEONE

30% of the Village Saving and Loans Association (VSLA) in Sierra Leone are now actively engaging with the formal banking system due to enhanced financial literacy and linkages, with 70% maintaining an active bank account and 29% having an active mobile money account. A 34% increase was observed in the shift of financial habits/attitudes among the VSLA group members in Sierra Leone as a result of enhanced financial literacy and greater access to financial services.

### **O** SIERRA LEONE

12,289 young people living in informal settlements in Sierra Leone were trained in financial management skills; 79% reported enhanced capabilities in budgeting. savings, financial literacy, and overall money management.

### **O** TANZANIA

2.559 have established their own businesses to become self-reliant and support their families, such as Witness in Tanzania. The hub has focused on sustainability of existing livelihoods programmes; through linking local government authorities with youth groups to support the setup and continuation of youth-led businesses.

### **Q** ZAMBIA, SIERRA LEONE AND TANZANIA

777 adolescent girls have been able to go back to school in Zambia. Tanzania and Sierra Leone as a result of economic empowerment initiatives and, challenging gender and social norms including early child marriage in their communities.

### **Q** ZAMBIA, SIERRA LEONE AND TANZANIA

769 saving groups have been established across Zambia, Sierra Leone, and Tanzania through programs such as Tusonge Lubono, SHE SOARS, Women Living in Informal Settlements, and SET. These initiatives have empowered women and youth with notable achievements including couples savings groups in Zambia, Youth Savings and Loans Associations under SHE SOARS in Zambia, and village savings groups in Sierra Leone.

### **Q** GLOBAL

**393** young people from the Youth Collective network were convened to share recommendations on enterprise and entrepreneurship.

### O INDIA AND SIERRA LEONE

42,759 in-school adolescent girls in India and Sierra Leone were engaged through sessions on the Right to Education and Science, Technology, Engineering and Mathematics (STEM) to motivate them to stay in school and pursue their education.



### **Q** ZAMBIA, SIERRA LEONE AND TANZANIA

263 jobs have been created for young people, enabling them to become economically independent. Some of the jobs included pig and poultry breeders in the agricultural sector and mobile money agents that are providing access to digital financial services.

**66** Before joining the Kijana Wajibika project under Restless Development, I felt stuck at home with nothing to do. Now, through entrepreneurship, I've found purpose and independence. My stationery business allows me to meet my basic needs while avoiding risky behavior. I've learned to harness my potential and create opportunities for mysell and others. It's not just about running a business; it's about fostering a spirit of resilience and empowerment among young women. 35

Luja Said Nangulukata, Tanzania

### **OUR WORK IN EDUCATION & LIVELIHOODS**

- Comprehensive Programme for Adolescents and Youth (Tanzania)
- EE: Education/Livelihoods (Pod)
- Empowering Futures (Zambia)
- Improving Financial Inclusion for Women Living in Freetown's Informal Settlements (Sierra Leone)
- Kijana Wajibika Kiuchumi (Tanzania)
- My Education, My Right (India)
- PAHAL The Initiative (India)
- Power Up (Sierra Leone)
- Skills for Employment in Tanzania (SET) (Tanzania)
- Strengthening Employability Skills (EMpower) (India)
- TEVET for Girls (Zambia)
- Tusunge Lubono phase II (Zambia)
- Ulemelero "Live Well" (Zambia)
- Vijana Tunaweza (Tanzania)



# **Gender and Sexual Rights**

We know that bodies, identities, gender and sexualities are subject to discrimination and violation. We empower young people to change attitudes and behaviours, as well as services and policies,

WE MUST MAKE GENDER EQUALITY A

Millicent Wenlock during an action day

at the UK Parliament advocating for the adoption of feminist foreign policy.

PRIORITY IN ALL GLOBAL CHALLENGES:

HEALTH, CLIMATE JUSTICE, TRADE,

PEACE AND SECURITY!

to advance and uphold sexual and reproductive health and rights, and gender equality.

This year we worked with

young people, community leaders, and health service providers to support young people to access contraception, create awareness about gender norms and sexual and reproductive rights, and make informed choices through intergenerational dialogues and develop strategies to prevent child marriage.



**40,786** young people and community members participated in intergenerational dialogues to address the issue of child marriage.

O INDIA, ZIMBABWE, TANZANIA, ZAMBIA, **AND UGANDA** 

66,299 young people participated in health awareness events that increased both the demand for and access to sexual health information and services, including antenatal clinics, STI & HIV testing, and family planning advice.

### **Q** ZAMBIA

4.692 adolescents received affordable sexual health products such as condoms, pregnancy test kits, and baby delivery kits provided by the trained Community Health Educators in Zambia.

#### **WALKING THE TALK - WALKIE TALKIES**

The UK Walkie Talkies are a group of ten young activists from across the UK who design, interrogate and lead Restless Development's advocacy strategy within the Walking the Talk programme. They use their lived experiences as well as their expertise in policy and advocacy to shape a youth-led, creative campaign that will ultimately ensure the UK takes a leading stance on more and better Official Development Assistance for gender equality and Women's Rights Organisations within the Majority World. The UK Walkie Talkies are also sharing their passion for thought leadership around Feminist Foreign Policies and ensuring feminist principles are at the heart of development policies and practices.

#### WHAT GIRLS WANT CAMPAIGN

The What Girls Want campaign brought together more than 50 girls and young women from around the world, including the youngest Nobel Prize laureate Malala Yousafzai, in New York to take UN member states to task for failing to prioritise girls and young women in the planning and content of the Summit of the Future. Surrounded by life-size cutouts of world leaders dressed ironically as youthful "girl experts", the activists delivered a strong message: world leaders aren't the experts on what girls want and need for their futures - girls are.

### TANZANIA. ZIMBABWE. ZAMBIA. **UGANDA AND SIERRA LEONE**

21,538 parents, local councillors and religious leaders were engaged in developing strategies to challenge social norms, such as early child marriage.

### O SIERRA LEONE

5,400 parents and carers participated in developing community by-laws on ending Violence Against Children and adopted non-violent discipline methods, promoting healthier family environments.

### **Q** UGANDA AND ZAMBIA

40 Role Model Boys groups with enrollment of 60 boys were established, equipped with ASRH information and as a result, they have actively challenged gender and social norms.

### **OUR WORK IN GENDER** & SEXUAL RIGHTS

- Children's Future Project (Zambia)
- Creating and Expanding Opportunities for the Empowerment of Adolescent Girls and Boys Through Gender-Transformative Engagement (Sierra Leone)
- Delhi Learning Lab (India)
- Digital Health and Rights (Uganda)
- End Child Marriage (Sierra Leone)
- Enhancing ESA Commitments Attainment Through Data-Driven Youth-Led Advocacy (Zimbabwe)
- Game of Choice, Not Chance (India)
- GenEndIt Youth Steering Group (Pod)
- Kudziwa Tikambe (Zambia)
- MTV Nishedh (India)
- Nyenyezi 'Intanda' Stars (Zambia)

- ODI\_ALIGN (Zimbabwe)
- Olu Alu Campaign (Uganda)
- Pamoja Tuwawezeshe Wasichana (Tanzania)
- Peak Youth MPT (Zimbabwe)
- Positive Masculinities Research (Zimbabwe)
- SHASHA (Sexual Health Services) project (Zimbabwe)
- She Soars (Uganda & Zambia)
- The THRIVE Project (Zimbabwe)
- UNESCO Our Rights, Our Lives, Our Futures "03" (Zambia)
- Vihara Consultancy (India)
- Walking the Talk: Towards Gender Transformative ODA & FFP in Europe (UK)
- We Lead (Uganda)
- Youth for Health (Zambia)
- Youth Ke Bol (India)
- Youth Stop Aids (UK)
- Youth Voices Connect (Zambia)

**66** I now encourage my daughters to openly discuss the challenges they face and share any information they have about sexual and reproductive health. I set aside time for these conversations-every Thursday at 5 p.m. They love the idea, and now they confidently speak up. I guide them and correct any misinformation, which I find very rewarding. 55

Community leader from Madi Okollo Town Council, Uganda



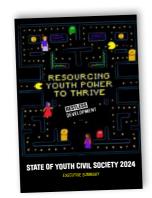
### Research

Our 6-step youth-led research methodology prioritises young people's leadership in knowledge production, translation, and dissemination, enabling young people to shape entire research processes from beginning to end.

At its core, this approach shifts power to young people, enabling them to participate and lead in research that matters to them. The research findings are used for programme design, advocacy and campaign messaging.

This year's research projects include:





unesco O

### STATE OF YOUTH CIVIL SOCIETY REPORT: RESOURCING YOUTH POWER TO THRIVE

Every year, we publish the State of Youth Civil Society. This youth-led research gives us a global sense check on how youth civil society is doing. For this year's report - **Resourcing Youth Power** to Thrive - Restless Development worked with young researchers from across the globe to analyze different types of funding models and understand which approaches work best for young people. The research explored the implications of failing to resource youth power adequately, and created ten **#FundYouthPower principles** that help shift power to young people, ensure trust in young people, and establish a collaborative approach between young people and funders.

#### **UNESCO GEM REPORT**

The 2024 Youth Report **Technology in Education: A Tool on Our Terms** was developed in partnership with UNESCO after consulting with over 1500 young people across 8 regions from our Youth Collective Education Chapter. The report advocates for decisions about technology in education to put learners first - ensuring its use is effective, appropriate, equitable, evidencebased and sustainable. Through this collaborative effort, young people have outlined their vision and painted a clear picture of what "technology on our terms" should look like.

#### YOUTH-LED ACTION RESEARCH ON TRANSFORMING DEMOCRATIC PARTICIPATION

This year, two passionate researchers - Abideen Olasupo and Yasmina Benslimane - were awarded small grants to conduct action-research on issues close to their hearts and reflective of their lived realities. Their projects centered on democratic governance and civic engagement, aiming to foster youth-led insights and action. Abideen's research delved into the impact of civictech tools on youth participation in Nigerian elections. His report reveals how digital innovations are transforming political engagement and accountability, providing new insights and actionable recommendations. Yasmina's research examined the intersection of online gender-based violence and intersectional youth movements for democracy in the Southwest Asian and North African region. Their work highlights the dual role of digital spaces as platforms for advocacy and arenas of significant risk, offering vital perspectives and solutions.

























## **Philanthropy**

Every year we're blown away by our supporters who go above and beyond to raise money for Restless Development. This year thousands have given an incredible amount of £1.7 million. Thank you for everyone's support!

### THE KNIGHT FRANK SCHOOLS TRIATHLON

Huge congratulations to the **9,141** young people who took part in the Knight Frank Schools Triathlon, the largest sports fundraising event for children in the UK.

This was our biggest and best year yet, with ten events taking place across the UK in Spring 2024. Children from over 200 schools came together in teams of four to swim, run and cycle, raising a grand total of £1,198,287.

A huge thank you to our headline sponsors Knight Frank, and sponsors Neilsons and Bentley.

### Ninety-eight percent (98%) of parents are likely to recommend taking part in the school's triathlon.

None of this would be possible without the ongoing hard work and dedication of the Knight Frank Schools Triathlon Founders: Jim Sewell and Tessa Murray. We're forever grateful for their active support.



### **OTHER EVENTS**

We are also grateful for:

- everyone who donated to the Youth Collective Appeal, which raised more than £20,000:
- participants of the PXC Fundraising Pub Quiz; and
- those who took part in our USA Board Chair, Barbara Spitzer's Feminist Futures event in New York.









### BEHIND THE SCENES AT THE KNIGHT FRANK SCHOOLS TRIATHLON!



139

school assemblies delivered



3,177

hoodies sold



articles in the newspapers



117,030





## **Partnerships**























































































































































































## **People**

A team of talented and dedicated professionals led by our values champion change and lead our work to empower young people across



### Leading the way

We were delighted to come 4<sup>th</sup> out of 104 organisations in the 2024 Fair Share Monitor, an annual measure of the proportion of women on staff and in leadership across social impact organisations. This is a huge testament to our ongoing commitment to Power Shifting, Gender Equality and Feminist Leadership at Restless Development.

**Chanda has diversified funding and** provided opportunities for youth leadership in Zambia. **55** 

Chanda is a feminist, and leads her team with grace and wisdom. She has managed crises calmly, working with the global agency to overcome the challenges she has faced. Chanda is thoughtful, professional and reliable... we all have a lot to learn from Chanda. \$5

These are comments from colleagues of our Zambia Hub Director Chanda Chisenga. She won the 2024 Batfox Award. This is awarded by peers who vote for the person they think has been the best Hub Director of the year.

### Living our values

At Restless Development how we do things is as important as what we do. Our culture is critical to our success, and our Values underpin our approaches to design, delivery, and implementation across all areas of our agency. Our values were first developed in 2011 as a way to describe what makes Restless Development so special. In 2024 we refreshed our Values to ensure they aligned to our Power Shifting approach and global strategy.

Every year on June 24, Restless Development celebrates Values Day – a dedicated occasion to collectively reaffirm our core values. This day serves as an opportunity to reflect on who we are as an organisation, celebrate our achievements, and recognise those who embody our values in exceptional ways. In 2024, we honored 13 Values Champions, including 1 Trustee and 3 Young Leaders who represent the best of our Head, Heart, Hands, and Voice values.

# PRIORITISING SAFETY AND WELLBEING

### Keeping our staff safe

Everyone at Restless Development is trained to recognise, report, and respond effectively to any concerns, creating a safer working environment for all. We remain resolute in fostering a culture where safeguarding is embedded in our policies, practices, and daily interactions. Our proactive approach ensures that we do no harm and uphold the highest standards of safety and accountability.

### Staff satisfaction

Our annual Employee Satisfaction Survey reflected that 72% of respondents rate Restless Development as an excellent place to work. Our employees value the inclusive workplace culture, growth opportunities, and alignment with our core values.

### **POWERSHIFTING IN ACTION**

- Published an article sharing our overall experience and learnings on Power Shifting for Global Fund for Community Foundations and the #ShiftThePower movement.
- Participated in the Commission on the Status of Women in New York to advance Restless Development's approach to Power Shifting in relation to Gender and Equality.
- Launched the Restless Development Lexicon to guide our Power Shifting language.
- Our Co-CEOs shared learnings from their co-leadership model and how this style of leadership is changing our perspective of power with Dev-Ex.

### Our global demographic

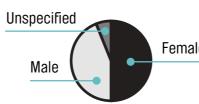
STAFF

201

AGI

**48.5%**BETWEEN 25-34

### **GENDER**



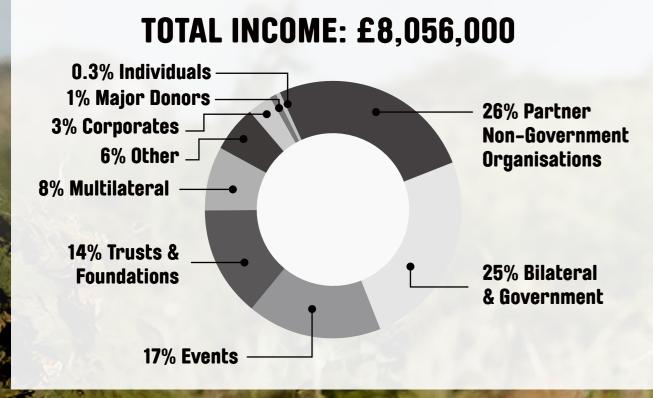
**WOMEN IN LEADERSHIP** 

**44%** 25% (BIWOC) DIRECTORS WHO STARTED AS VOLUNTEERS

31%



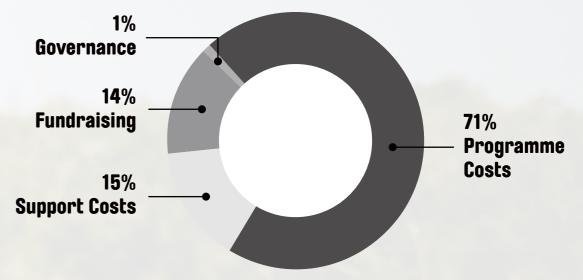
## **Finances**

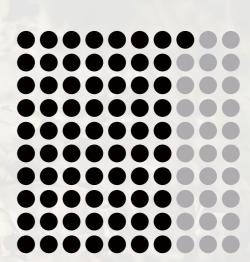


Restless Development's income has grown by 2%, which is driven by 3% growth in unrestricted fundraising income. The unrestricted fundraising increase is caused by a £380,000 increase in event related income. This was due to adding a further three schools to the triathlon event series and a 21% increase in participants. This growth in unrestricted fundraising income offsets a 3.5% decrease in programmatic income due to several large programmes concluding, particularly in the Sierra Leone Hub, such as the Jersey Overseas Aid funded Financial Inclusion for Women in Freetown project and the Tusonge Lubono II project, in Zambia hub.



### **TOTAL EXPENDITURE: £7,961,000**





FOR EVERY £1 YOU GIVE. **71P** IS SPENT DIRECTLY ON OUR WORK WITH YOUNG PEOPLE.

### STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted Funds	Restricted Funds	2024 Total	2023 Total
	£000's	£000's	£000's	£000's
Income from:				
<b>Donations and legacies</b> Grants income Unrestricted fundraising	357 1,736	5,963 -	6,320 1,736	6,538 1,356
Total income	2,093	5,963	8,056	7,894
Expenditure:				
Raising funds	(1,090)	-	(1,090)	(759)
Charitable activities	(1,102)	(5,538)	(6,640)	(7,468)
Foreign exchange gains/(losses)	1	(232)	(231)	(249)
Total expenditure	(2,191)	(5,770)	(7,961)	(8,476)
Net movement in funds	(98)	193	95	(582)
Reconciliation of funds				
Total funds brought forward	749	1,335	2,084	2,666
Total funds carried forward	651	1,528	2,179	2,084

### **BALANCE SHEET**

	2024		2023	
	£000's	£000's	£000's	£000's
Fixed assets		165		236
Current assets				
Debtors	573		749	
Bank and cash	1,948		1,773	
		2,521		2,522
		2,686		2,758
<b>Creditors:</b> amounts falling due within one year		(507)		(567)
<b>Creditors:</b> amounts falling due in greater than one year		-		(107)
Net assets		2,179		2,084
Represented by:				
Funds				
Restricted Unrestricted		1,528		1,335
Fixed Asset Reserve		49		74
Designated Reserve		46		80
Free Reserves		556		595
		2,179		2,084

### **CASHFLOW**

	2024		2023	
	£000's	£000's	£000's	£000's
Cashflows from operating activities		399		(102)
Cashflows from investing activities Additions to property, plant and equipment	(77)		(81)	
Net cash used in investing activities Cashflow from		(77)		(81)
financing activities				
Loan repayments		(147)		(40)
Net decrease in cash and cash equivalents		175		(223)
Cash and cash equivalents or	n 1 October	1,773		1,996
Cash and cash equivalents 30 September	on	1,948		1,773

# Thank you!

We're indebted to all our champion supporters and young leaders.

### TRIATHLON COMMITTEE

Jim Sewell & Tessa Murray (Co-Founders of the Schools Triathlon Series) James Thompson

#### **EVENT PARTNER**

Threshold Sports Ltd

### TRIATHLON SPONSORS

Knight Frank Neilson Bentley

### TRIATHLON HOST **SCHOOLS**

**Bradfield College Bryanston School** Charterhouse School Clifton College

Cranleigh School

Marlborough College

Mill Hill School **Oundle School** Royal Russell School

Sevenoaks School

### **RESTLESS CHAMPION SUPPORTERS**

Jamie Drummond Lord Jonny Oates Tom O'Hagan Roger Ross Johnnie Johnson

### **YOUNG RESEARCHERS**

Ashiraf Magulala Caroline Gonzaga Darius Gervinskas Haja Bangura Himanshu Kumar Kudzai Mutemeri Nour Nahhas

Stacie Smith Yemi Kniaht

Zahra Al Hilaly

Sibonoso Prince Sikhakhane Ayanda Nonhlanhla Masondo

Zusipe Mpungose

Lucia Tigere

Tinarwo Mutwira

Hazel Mukume

Allan Munetsi

John Forav

Kwanele Theo Matebese

Martha Zanele Muntumuni

Sello Elias

Zvikomborero Nyamugure

Nobukhosi Dube

Catherine Sakala

Mica Walasa

Cuthbert Phiri from Chongwe

Martha Marble Zulu

Lloyd Chimpwena

Haja Mariama Bangura

Micheal Nabieu

Marie Tholly

Vaffie Umaru

Aminata Koroma

Zainab Bah

Bobson Williams Zombo

Teresa Nanday Kamara Ibrahim Joseph Conteh

Mereciana Anthony Majaliwa Kelvin Emmanuel Steven

Michael Cosmas Ihuya

Gisela Sales Kihega

**Grace Richard Haule** Bruno Octavian Mkoba

Shena Abuuzedi Mohamedi

Loveness Alexander

Suzana Moshi Prisca Florence

Hope Abel

Judith Chale

Ilham Haii

Rehema Hussein Magdalena Pitawaka

Ezzrohn Moringe

Saustine Lusanzu

Jovin Mtavangu **Edward Masele** 

**Enock Mkoba** 

Eric Godson Othman Masoud

Aneth Mgani

Edson Mlelwa

George Phillipo

### **SAFE PHOTOGRAPHERS**

Obedine-Flore Nagna Marrio Jones Ikerezi Ivy Marie Mangandlao Diego Francisco Sánchez

Lázaro Denis Taban

Albert C. Reves Abeauty Kaonga

Lisara Thapa Magar Inessa Avanesova

Aidah

Fatima

### **ENDING VIOLENCE AGAINST CHILDREN YOUTH MOBILISERS**

Afrah Asif Aminata Savané Isabelle Santos

Owino Johnkeen Ochiena Elcira Nikole Vizcarra Farfan

Kisha German Marie Mokuba Nobukhosi Phiri Tom Galubale

Bryanna Mariñas

### **GLOBAL WALKIE TALKIES**

Dinorah Arceta Jara Henar Souwaiba Ibrahim Kirthi Jayakumar Chido Nyaruwata

Foteini Papagioti

### **UK WALKIE TALKIES**

Yashiba Sanil Lauren Simpson Lauren Bryant Caitlin Dundas Millicent Wenlock Christal Kihm Ines Hart Rebecca Wilson

### **WE LEAD STEERING GROUP**

Sophia Raineri

Ali Dodds

Malkia John - Africa Eliannore Boutros - MENA Andrea Paz - CA

### YOUNG GAMECHANGERS **FUND STEERING GROUP**

Joba Chowdhury Victor Agbontean Isaac Toman Zack Hayward Michael Tarnawsky

Roland Balbag

Remell Thompson-Bell

Mariama Adan

Lavanya Manobharath

Adrián Courcelles Baena

Chloe Marks

**Andrew Hamilton** Mya Badhan

Daniel Ghansah

Charlie Whiteside Emily McChrystal

Emma Bromley

Dev Sharma Vanessa Castro

### **SHE SOARS YOUTH ADVISORY BOARD**

Amanda Julian Banura Derrick Atiki Alvin Mwangi

Gloria Mogoi Maryner Lungu

Jeremiah Lubumbe Mulanda

### **YOUTH POWER CHAMPIONS**

Priyanka Shrestha Andrea Paz

Akinyemi Kamiye

Arvan Chaudhary

R.A. Lamrani

### **VALUE CHAMPIONS**

Chahak Manchanda (India) Charlotte Rowley (UK)

David M Bayo (Sierra Leone)

Dhakiro Gongoro (Tanzania) Elishiaa Manase (Tanzania)

Gift Mweka (Zambia)

Jackline Nakabikwe Kibuuka (Uganda)

Kelly Muronzi (Zimbabwe) Ligia Destephen (Honduras)

Moufeeda Haidar (Lebanon)

Ngosa Kalula (Zambia) Nyasha Dangarembizi

(Zimbabwe) Pooja Singh (India)

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## **Governance Team**

### **GLOBAL BOARD**

Chair: Jenny Wilson Deputy Chair: Mafipe Chunga Amisa Rashid Diwakar Uprety

Edleen John

Isabella Mosselmans

Lucinda Moore

Ovindamola Johnson - until August 2024

Paul Wafer

Tom Allen

Nicola Dean

Francesca Bowen

Eshban Kwesiga Pooia Singh

Justin Derbyshire

### **INDIA BOARD**

Chair: Dr Sandeep Sharma Dr Miriam Samuel Dhivya David Harsh Gupta

#### **NEPAL BOARD**

Chair: Sahadev Mahat Lum Singh Gurung Sudeep Gautam Sharmila Thokra Tamang Rajendra Pradhan Damodar Arval

### **SIERRA LEONE BOARD**

until October 2023 from October 2023 Josephine F Ngegba Nyanda Abubakarr Fanta Daboh

Rajya Laxmi Nakarmi

### Fortunata Makene

Chair: Sia Lajaku-Williams

Chair: Mohamed Alpha Jaloh

Hassan John Sapateh

Alpha Jalloh

Nyakeh J. Makiu James Alpha

Abdul Bassie

### TANZANIA BOARD

Chair: Deus Kibamba Jessica Kimosso Ronard Lubaga

John Bakilana

Rahma Seleman Victoria Marijani

Marero Stephen

Neema Mwangamba

### **UGANDA BOARD**

Chair: Joseph Munyangabo Concepta Mutaka Samuel Kavuma Lastone Gulume Balyainho Irene Ikomu Arinaitwe Francis

Rehema Nakato

#### **USA BOARD**

Chair: Kate Roberts until January 2024

Chair: Barbara Spitzer from

February 2024

Aayush Goradia Alex Kent

Amina Razvi

Colin Kim

Lanre Ogungbe Scott Warren

Tiffany Agard

### **ZAMBIA BOARD**

Chair: Bridget Mumba

Stephenson Happy Zulu

Chansa Innocent

Chongo Mwila

Tililenii Phiri

Faith S. Kaoma

Misozi Siwela- Chisenga

Tausi

### ZIMBABWE BOARD

Chair: Achievement Dhlakama Vice Chair: Pardingtone

Nhundu

Vice Secretary: Dorcas

Chitiyo

Secretary: Methembe Mlilo Treasurer: Tafadzwa Chirigo

Andrew Chishakwe

Tanyaradzwa Makotore

Nhlanhla Movo

#### **GLOBAL LEADERSHIP GROUP**

Alex Kent - Co-Chief Executive Officer

Alex Farrington - Senior Business Director

Caleb Masusu - Voice and Democracy Manager

Candie Cassabalian - Regional Director

Chanda Chisenga - Zambia Director

Charity Bafana - Head of People

Farai Muronzi - Zimbabwe Director

Gabriel Iguma - Uganda Director

Genevieve Seddon - Co-Finance Director

Kate Muhwezi - Co-Chief Executive Officer

Keith Short - Head of UK and EU Programmes

Lesley Garura - Sierra Leone Director

Linus Katonto - Tanzania Director

Mora Mclagan - Senior Communications Manager until June 2024

Nalini Paul - Regional and Nepal Director

Natalie Agboeze - Strategic Partnerships Director

Naval Kishor Gupta - India Director

Nikita Khanna - Head of Impact and Learning

Primrose Manyalo - Senior Youth Collective Manager

Rosanne Palmer-White - Influencing Director

Sachin Saini - Senior Compliance Manager

Sonal Gupta - Senior Communications Manager

from September 2024

Sunil Mahawar - Co-Finance Director

Yande Kalengo - Power Shifting Director



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Cover image: A young leader with school children, as part of a project towards improving access to education and retention in educational institutions in Jharkhand, India.

### **About Restless Development**

Restless Development is a global network. We support the collective power of young leaders to create a better world. We are independently registered and governed in nine countries (India, Nepal, Sierra Leone, Tanzania, Uganda, UK, USA, Zambia and Zimbabwe) bound together by our vision to supercharge youth-led change.

restlessdevelopment.org

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@restlessdevelopment

in Restless Development

Restless Development is registered in the UK as Charity No. 1127488 & Company No. 6741123

Restless Development is registered in the USA as a 501(c)(3) organisation: Employer Identification No. 04-3561445

Restless Development / Student Partnership Worldwide India Project Trust: Regd. Number 330 of 2000

Restless Development as NGO in Tanzania Regd. No. 00NGO/R1/0046

Restless Development Nepal: Regd. No. 189945/74/075

Restless Development Sierra Leone: Registration No. INGO/24/20193

Restless Development Uganda Youth Collective, A Company Limited by Guarantee: Regd. No. 80020001773617

Restless Development Zambia: A NGO Regd. No. RNGO/101/0360/2014 Issue No. 2

Restless Development Zimbabwe: A Private Voluntary Organisation Regd. No. PVO 35/10

