

**RESTLESS  
DEVELOPMENT**



# NEPAL ANNUAL REPORT

2022-2023

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# A message from the Hub Director

Dear Esteemed Partners,

Namaste from Restless Development Nepal! At the outset, on behalf of the team, I would like to express our gratitude for all the support and encouragement you have provided. Together, we have been able to make significant progress in empowering young people and the communities we work with.

It gives us great pleasure to share with you the Annual Report for Nepal for the year 2022-23. Your support and encouragement have been instrumental in our efforts to achieve change. At the heart of everything we do at Restless Development is Youth Power. We strive to support the collective power of young people to create a more just and equitable world. In the past year, we have worked hard to mobilize, train, mentor, and nurture young people from our communities to become agents of their own change.

Our main focus in Nepal has been on working with young people to address the issue of Climate Change. Recognizing the urgent threat of climate change, we have expanded our focus to include climate action. We are committed to addressing the disproportionate impact of climate change on young people, particularly girls, and building resilient communities.

In recent years, climate change has become a critical issue in Nepal. All our programs are geared towards addressing this issue. Through our programs, we have invested in the leadership of young people to take action within their communities and initiate changes in knowledge, attitudes, and practices towards the issue of climate change.

This has been made possible by more than 3000 dynamic young leaders and local partners who have forged ahead despite challenges to reach 6 out of 7 provinces in Nepal.

Our impact in critical areas, including climate change, girls' empowerment, and youth economic empowerment, highlights our steadfast dedication and commitment to driving meaningful and sustainable transformation.

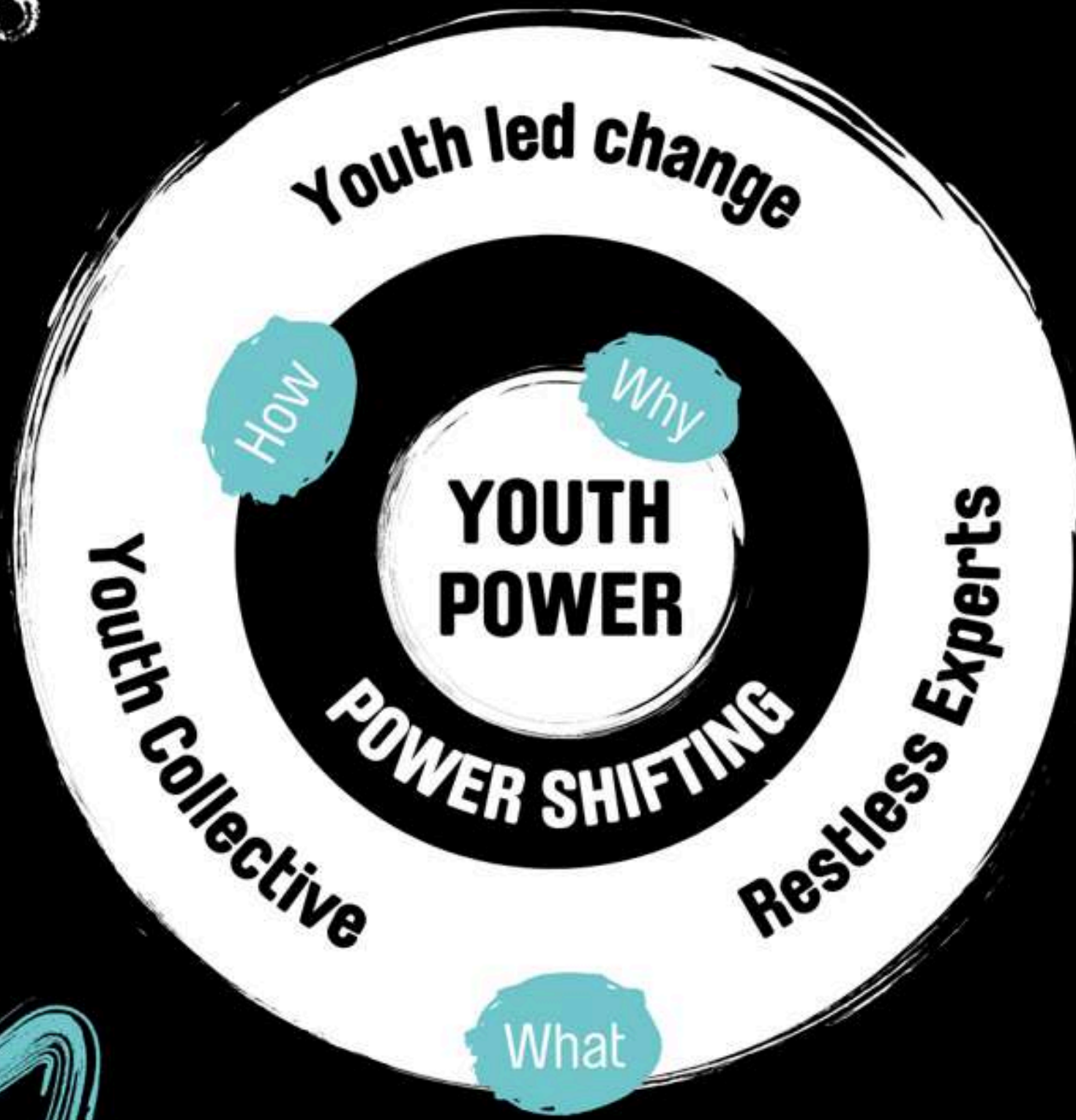
As we step into another exciting year, we once again thank you for all your support. Our special thanks to our Board members, who have been a guiding force and support, and to all our partners, volunteers, and community members who implement programs with high quality and dedication.

We are all geared up with renewed enthusiasm to continue our collective effort to empower young people to lead change and build a better world.

**- Nalini Nupur Paul**



# Our Strategy in Brief



**IMPACT**  
Priority Areas



**Education & Livelihoods**

**Voice & Democracy**



**Gender & Sexual Rights**

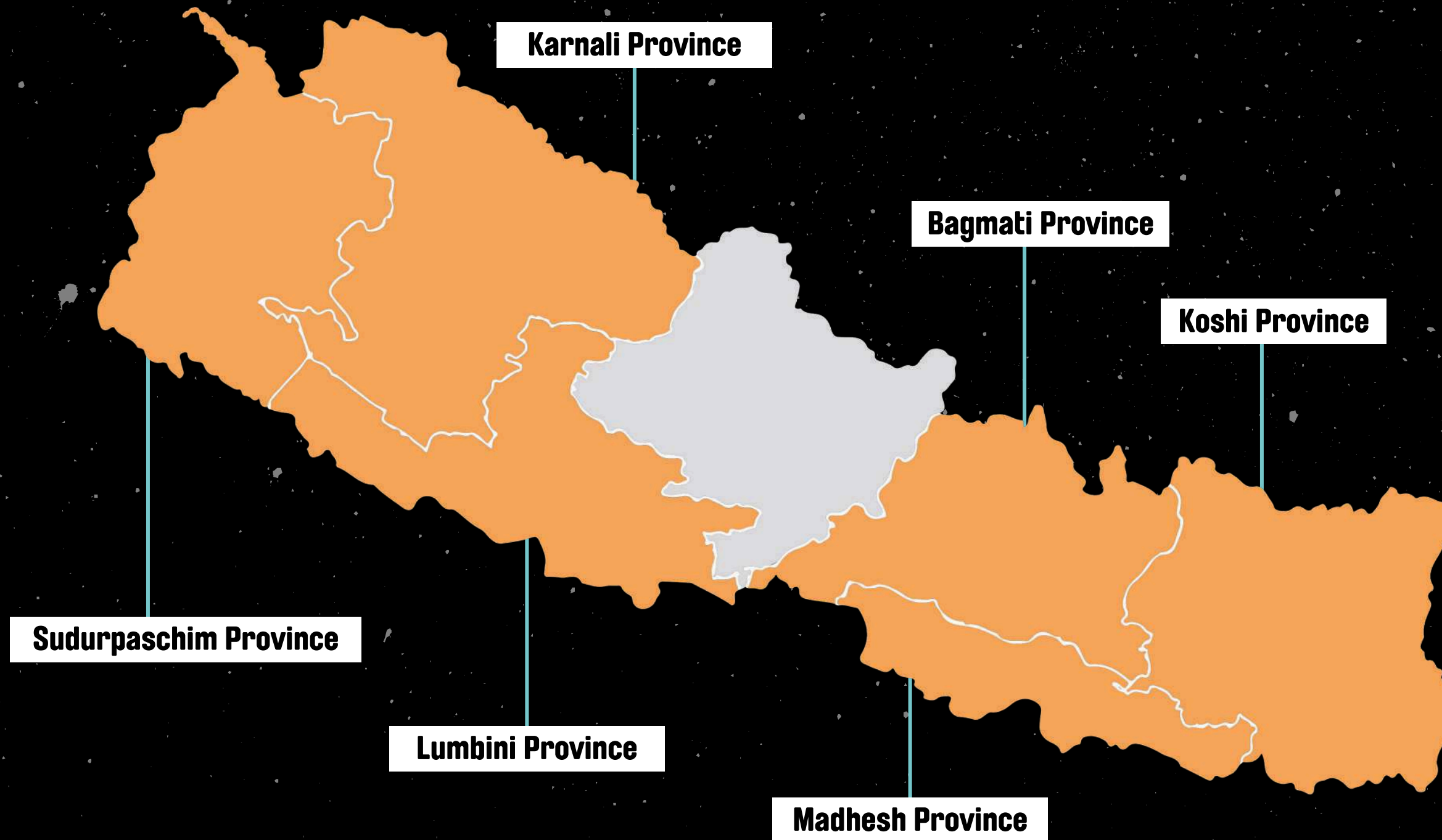
**Climate Justice**



[Link to the full document](#)

# Areas of operation

Working in 6 provinces





# NEPALI YUWA IN CLIMATE ACTION AND GREEN GROWTH (NYCAGG) PROJECT

The Nepali Yuwa in Climate Action and Green Growth (NYCAGG) project is a four-year initiative (2021 - 2025) funded by the European Union and implemented by a consortium led by Youth Innovation Lab (YI-Lab) alongside partners Restless Development Nepal, CREASION, and CDMS. It aims to empower young Nepalese people (aged 15-29) to be involved in environmental protection, green businesses, and combating climate change.

The project focuses on these areas:

Supporting Local Governments: The project trains young graduates (Climate Fellows) who work with local municipalities for a few months. These fellows assist with developing disaster risk reduction and climate change adaptation plans, managing data on critical infrastructure and vulnerabilities, and raising awareness about climate issues among communities.

Encouraging Green Businesses: NYCAGG provides support for youth-led green businesses through Innovation Grants. The project offers mentorship, workshops, and financial aid to help young entrepreneurs develop and launch climate-smart business ideas.

Promoting Data-Driven Advocacy: The project uses a mobile app (TagMe) to collect data on environmental concerns, like landslides in Karnali Province. This data is used to raise awareness and push for policy changes that address these issues.

Engaging Youths in Policy Discussions: The Youth Sounding Board (YSB) is a group of young people who participate in discussions with government representatives on climate action issues. The YSB also carries out action plans within their communities to address climate challenges.

The project has been implemented in Madhesh Province (Year 1) and Karnali Province (Year 2). It's planned to continue in Sudurpashchim Province in the coming years.

979

Individuals Reached

25

Stakeholders Engaged

55

Young Leaders Mobilized



Our young volunteer is at the heart of our community development work.



# GIRLS NOT BRIDES – NATIONAL YOUTH CONSULTATION MEETING

Restless Development Nepal, in partnership with Girls Not Brides Nepal, held a two-day National Youth Consultation Meeting to End Early Child Marriage on 7th and 8th December 2022. The meeting brought together young people from all seven provinces of Nepal to discuss this critical issue.

The consultation aimed to engage young people in identifying the causes and trends of child marriage, developing solutions, and creating a common policy document. Through presentations, group discussions, and simulations, participants explored the complex factors contributing to child marriage and brainstormed solutions at individual, youth network, CSO, and government levels.

## Key Outcomes:

- Young people from all provinces drafted a charter which was presented to the Ministry of Women, Children and Senior Citizens (MoWCSC), National Youth Council (NYC), and National Child Rights Council (NCRC).
- The consultation meeting fostered inclusion and dialogue, leading to co-created solutions by diverse youth.
- Youth knowledge on child marriage, early marriage, and forced marriage was deepened.
- Needs assessment across seven provinces identified youth needs and existing programs.

30

Individuals Reached

9

Stakeholders Engaged



Bipana Thapa, a participant in National Youth Consultation Meeting





**A FUTURE  
BEYOND  
MARRIAGE FOR  
CHILDREN.**

**WE ARE  
SKILLED  
MOBILISERS** #YouthPower  
RESTLESS  
DEVELOPMENT

**WE ARE  
LEADERS** #YouthPower  
RESTLESS  
DEVELOPMENT

**I AM AT**  
National Youth Consultation  
to End Child and Early Marriage  
7 - 8 December 2022  
RESTLESS DEVELOPMENT  
HOT BRIDES NEPAL

Young leaders at the National Youth Consultation Meeting to End Early Child Marriage



# YOUTH TAKE THE LEAD (YTL) PROJECT

The "Youth Take The Lead" project, a collaboration between Restless Development Nepal and partners in Tanzania and Zambia, aimed to cultivate young leaders who advocate for positive change. Led by Restless Development Nepal, the project provided training in gender inclusivity and social entrepreneurship to equip these young leaders. Implemented from April 1, 2022 to March 31, 2023, the Youth Take the Lead project successfully established a network of young leaders, promoted gender equality, and empowered participants to drive positive change in their communities. The project centered on youth leadership development, equipping participants with skills in gender inclusivity and social entrepreneurship.

## Impact and Achievements:

- Our initiative focuses on achieving SDG goal 16 by enhancing youth leadership and promoting peace, justice in hub countries.
- Gender inclusiveness and climate change awareness were also emphasized, leading to progress in SDGs 5 and 13.
- The project promotes Goal 8 by providing training on social entrepreneurship, contributing to economic growth and improved within communities.
- In recognition of the importance of localizing Sustainable Development goals we developed a toolkit in the Nepali language. This has been a resource for the organization and facilitation of SDG training within the local, rural and municipal level in Nepal.



641  
Individuals Reached



36  
Stakeholders Engaged



6  
Young Leaders Mobilized

## Aligned with the principles of the Sustainable Development Goals (SDGs)



On March 30–31, 2023, YTL Project participants from Nepal convened for a final review and reflection.



# PRISHTINA'S STORY

**“Empowerment comes when we break free from gender stereotypes and support others as equals. Together, we can make a difference.”**

Prishtina is a Young Leader from Pulchowk, Lalitpur in Nepal. She has worked with Restless Development for over a year on our Youth Take the Lead (YTL) project – a three-hub country exchange program funded by the Norwegian Agency for Exchange Corporation (NOREC) that aims to meaningfully engage young people in enhancing organizational programs on social entrepreneurship and gender inclusiveness. The hub nations are Zambia, Tanzania, and Nepal.

Growing Up, Prishtina had seen gender stereotypes that were still embedded in the community towards girls due to the disbelief and misconception which shaped the expectations, attitudes, and behaviours toward girls. A sad reality making life vulnerable and challenging for girls.

From a young age, Prishtina decided to focus her efforts on supporting young women in the community. She co-founded a mindset transformation campaign called “Let’s Talk About Our Bodies”. She has been able to reach several schools in Kathmandu. Equipping young women and girls with knowledge that enables them to make more informed decisions regarding their own sexual health and rights.

“Young women have the right to make their own free and informed choices and must have control over their sexual and reproductive health and lives, free from coercion, violence, discrimination and abuse.”

Prishtina joined Restless Development in 2021 as a volunteer and was trained in social entrepreneurship and gender inclusiveness. had the chance to network professionally with international volunteers from

Zambia and Tanzania. The journey presented her with several chances and provided an opportunity to push herself beyond her comfort zone.

“I stepped out of my comfort zone to host my first big event, the National Dialogue on Gender Inclusiveness. Afterward, I felt delighted with myself and my confidence boosted up. If my teammate hadn’t given me their utmost support, this would not have been possible.”

As the YTL Volunteer, Prishtina had to regularly interact with international volunteers. This experience grew her confidence with each new encounter and she has enjoyed working and building networks with international volunteers.

“To me, the most important part of the project was working with other young people from Tanzania and Zambia. This allowed me to experience new cultures, meet new people and grow as a person. As a young leader myself, I was able to strategize with fellow young people for a bold and coordinated response to the challenges young people are facing.”

Now that the project is complete, Prishtina plans to continue to be an agent of change by advocating for development and equality in her community.

“I have come to understand that fear of judgment must not stand in the way of realizing our full potential. Therefore, in my opinion, we should always surround ourselves with individuals who bring out the best in us.”



Meet Prishtina, a dedicated participant in the YTL program.



# FINANCIAL LITERACY TRAINING PROGRAM

Financial literacy is essential for making informed financial decisions and achieving long-term financial goals. Despite its importance, many individuals lack basic financial knowledge, which can lead to poor financial decisions and hinder economic growth. To address this gap, Glocal After School, in collaboration with Anurodh Nepal, Restless Development, and supported by Standard Chartered Nepal, launched a Financial Literacy Training Program. The initiative aimed to enhance financial literacy among youth, thereby improving their financial well-being and contributing to economic stability.

The training involved interactive workshops and engaging activities to teach financial concepts. The curriculum covered topics including budgeting, investment strategies, loans, credit management, and consumer awareness.

The program took place in six different cities across four provinces in Nepal. These cities included Itahari in Koshi Province, Janakpur in Madhesh Province, Kathmandu, Lalitpur, and Hetauda in Bagmati Province, and Lumbini in Lumbini Province. 1304 young people (745 Male, 559 Female) were reached through this initiative.



1304

Individuals Reached

15

Stakeholders Engaged

10

Young Leaders Mobilized



**“I’m honored to have had the opportunity to share my knowledge of financial literacy with young people at government colleges. While they were learning about these topics in theory, they lacked practical application. The teachers and students were both enthusiastic about gaining financial literacy knowledge and learning it in a hands-on way.”**

- Pratima Dhakal, Young Financial Literacy Trainer

Financial Literacy training in Hetauda



# PROFESSIONAL AND COMMUNITY ENGAGEMENT (PACE)

Restless Development Nepal's ongoing partnership with Macquarie University, initiated in 2017, continued to yield significant results through the PACE program. Designed to provide a hands-on learning experience, the program empowers young students to generate evidence and resources for youth-led development.

In 2023, eight Macquarie University students participated in the PACE program, contributing to three distinct project teams. The internship was conducted virtually, with regular weekly meetings to facilitate progress updates and discussions.



## 2022/23 in a Nutshell

2954

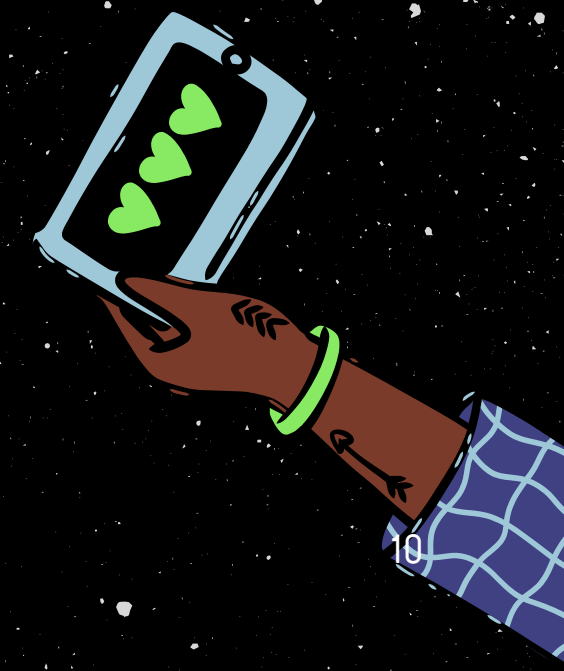
Individuals Reached

85

Stakeholders Engaged

79

Young Leaders Mobilized






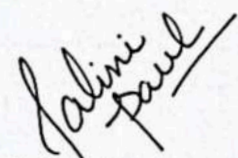
# Finances


**Restless Development Nepal**  
Jwagal, Lalitpur  
**Statement of Income & Expenditure**  
For the year ended Ashadh 31, 2080 (16th July, 2023)

S. No.	Particulars	Schedule	Current Year	Previous Year
			(Amount in NRs.)	(Amount in NRs.)
<b>A</b>	<b>Income</b>			
1	Incoming Resources	I	23,406,340.58	21,299,094.26
2	Financial Income		-	-
3	Other Income		-	-
	<b>Total Income</b>		<b>23,406,340.58</b>	<b>21,299,094.26</b>
<b>B</b>	<b>Expenditure</b>			
1	Project Expenditure	G	11,346,107.28	9,316,942.12
2	General Administrative Expenditure	G	12,101,399.23	12,003,495.38
3	Depreciation	G	-	-
4	Foreign Exchange (Gain)/Loss		(41,165.93)	(21,343.24)
	<b>Total Expenditure</b>		<b>23,406,340.58</b>	<b>21,299,094.26</b>
<b>C</b>	<b>Net Surplus /(deficit) before Taxation</b>		-	-
	Income Tax Expenses		-	-
<b>D</b>	<b>Surplus/(Deficit) for the Year</b>		-	-

The Accompanying notes to account are integral part of this financial statement

  
 Arisha Khadgi  
 Finance and Admin Officer


  
 Nalini Nupur Paul  
 International Director

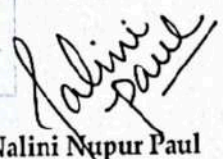
  
 CA Deepak Gautam  
 D.G. & Associates  
 Chartered Accountant


**Restless Development Nepal**  
Jwagal, Lalitpur  
**Statement of Financial Position**  
As on Ashadh 31, 2080 (Corresponding to 16th July, 2023)

Particulars	Schedule	Current Year (NRs.)	Previous Year (NRs.)
<b>ASSETS</b>			
<b>Non-Current Assets</b>			
1. Property, Plant & Equipments	A	228,000.00	-
<b>Total Non-Current Assets</b>		<b>228,000.00</b>	<b>-</b>
<b>2. Current Assets</b>			
a. Advance & Accounts Receivable	B	1,160,771.42	2,282,489.27
b. Cash and Bank	C	1,384,348.83	2,515,485.86
c. Accrued Income	D	1,616,021.79	-
<b>Total Current Assets</b>		<b>4,161,142.04</b>	<b>4,797,975.13</b>
<b>Total Assets</b>		<b>4,389,142.04</b>	<b>4,797,975.13</b>
<b>LIABILITIES &amp; RESERVES</b>			
<b>1. Accumulated Reserves</b>			
a. Donor Fund		-	-
b. Internal Fund		-	-
c. Capital Asset Reserve		228,000.00	-
<b>Total Accumulated Reserves</b>		<b>228,000.00</b>	<b>-</b>
<b>2. Current Liabilities</b>			
a. Liabilities & Account Payable	E	672,950.26	919,130.44
b. Intercompany Accounts Payable	F	2,691,541.34	21,255.68
c. Deferred Revenue	G	796,650.43	3,857,589.01
<b>Total Current Liabilities</b>		<b>4,161,142.04</b>	<b>4,797,975.13</b>
<b>Total Equity &amp; Liabilities</b>		<b>4,389,142.04</b>	<b>4,797,975.13</b>

The Accompanying notes to account are integral part of this financial statement

  
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 Finance and Admin Officer

  
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 International Director

  
 CA Deepak Gautam  
 D.G. & Associates  
 Chartered Accountant



**Restless Development Nepal**  
**Jwagal, Lalitpur**  
**Statement of Cash Flows**

For the year ended Ashadh 31, 2080 (16th July, 2023)

Particulars	Current Year (NPR)	Previous Year (NPR)
<b>Cash Flow from Operational Activities (A)</b>		
1. Net Operational Surplus /(deficit)	-	-
Add: Capital Project Expenditure Expensed off	-	-
Add: Fixed Assets Disposed /Written Off	-	(40,500)
<b>Cash Flow Before Change In Changeable Capital</b>		
Change (increase)/ Decrease in Current Assets	(494,303.94)	13,212,559.00
Change Increase /( Decrease) in Current Liabilities	(636,833.09)	(14,905,700.00)
<b>Net Change In Working Capital</b>	<b>(1,131,137.03)</b>	<b>(1,693,141.00)</b>
<b>Net Cash Flow From Operating Activities</b>	<b>(1,131,137.03)</b>	<b>(1,733,641.00)</b>
<b>2. Cash Flow from Investing activities (B)</b>		
Fixed Assets Additions	-	-
Fixed Assets Sales	-	40,500.00
<b>Net Cash Flow From Investing Activities</b>	<b>-</b>	<b>40,500.00</b>
<b>3. Cash Flow from Financing activities (C)</b>		
Restricted Fund Balance	-	-
<b>Net Cash Flow From Financing Activities</b>	<b>-</b>	<b>-</b>
<b>Net Cash Flow During the year (A + B + C)</b>	<b>(1,131,137.03)</b>	<b>(1,693,141.00)</b>
Opening Cash & Bank Balance	2,515,485.86	4,208,626.86
<b>Closing Cash &amp; Bank Balance</b>	<b>1,384,348.83</b>	<b>2,515,485.86</b>

The Accompanying notes to account are integral part of this financial statement

  
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 Finance and Admin Officer

  
**Nalini Nupur Paul**  
 International Director

  
**CA Deepak Gautam**  
 D.G. & Associates  
 Chartered Accountant





# A Heartfelt Thanks to Our Partners

- Government of Nepal
- European Union
- Norwegian Agency for Exchange Cooperation (NOREC)
- Macquarie University
- CREASION
- Youth Innovation Lab
- Centre for Disaster Management Studies
- Girls Not Brides Nepal (GNB Nepal)
- Standard Chartered Bank
- Anurodh Nepal
- Glocal After School
- Urjaa

