WE ARE RESTLESS
We support young people to work towards a just and sustainable world for all.

WHAT WE KNOW
Young people have the power to solve the challenges we face in our world, but they are being ignored.

WHAT WE DO
We work with young people so that they can lead in solving community challenges. Whether that means supporting communities to end child marriage or prevent HIV, we work with young people to change their lives and the lives of people in their communities.

We are run out of hubs in nine countries across Africa, Asia and in the UK and USA, with a wider network of partners across the world. We have been working with young people since 1985 and our work is led by thousands of young volunteers and advocates every year.

WHAT WE WANT
There is power in the voices of young people. We are here to amplify their voices.
Our Model for Change.

We have developed and tested a model which unleashes power at the heart of communities. Our model recognises that change only happens when individuals not only deliver work in their communities, but also influence and inform society. Whether responding to a cholera outbreak or building long-term HIV prevention in schools, real change happens when communities own knowledge, influence and control. It is the youth generation in massive numbers who are ready to achieve this:

DELIVER
Where young people directly improve lives through working in and with communities.

INFORM
Where young people create and share evidence and understanding of communities where they live and work.

INFLUENCE
Where young people change the cultural norms, policies and systems that affect people’s lives. Holding decision makers accountable for the promises they make.
Our Values.

WE ARE WHO WE SERVE. WE ARE BRAVE.
We are young professionals accountable to young people. Young people are at the core of everything we do. Our passion and energy drive us. We take initiative, innovate and try new things.

WE ARE 100% PROFESSIONAL. WE PROVE THAT YOUNG PEOPLE CAN.
We work in the context of poverty. We measure our results and use our resources efficiently. We care about getting the right results. We act professionally and always seek to improve our work.

WE ARE IN IT TOGETHER. WE LISTEN AND LEARN.
We are connected with our partners, with each other and with those we serve. We develop solutions as a team. Our rules and policies apply equally to all. We are generous with our expertise, our tools and our time.

WE GENERATE LEADERS. WE ARE PROUD TO CARRY THE BANNER FOR YOUNG PEOPLE LEADING CHANGE.
We all have a leadership role. Everyone’s opinion is valuable and we bring all voices to the table. We give young people the opportunity to succeed or learn from failure, hence generating leaders through experience. We are proud of our work and tell our story with conviction.

Our Goals.

GOAL 1: A VOICE
A world where young people are active citizens, where institutions are accessible and responsive to young people, and where young people can influence those with power.

GOAL 2: A LIVING
A world where young people can drive sustainable economies, where businesses and governments invest in and learn from young people’s enterprise, and where young people achieve a decent, sustainable living.

GOAL 3: SEXUAL RIGHTS
A world where young people realise sexual and reproductive rights for all, where policies, attitudes and services advance people’s sexual and reproductive health and rights, helping to end AIDS and enabling young men and women to be free from discrimination.

GOAL 4: LEADERSHIP
A world where young people build resilient and sustainable communities, where the agency of young people and communities is at the heart of both preventing and solving arising challenges and emergencies.

A WORLD WITH A GENERATION READY TO RESPOND
Hub Director’s Note.

This report showcases the many ways in which we worked with young people and our partners throughout the year. There has been a marked transition in terms of how we work as an agency. We welcomed a couple of changes within the organisation as well as external changes that had an implication on how we operate as an agency. We supported our partners to adopt meaningful youth engagement in their work. External changes and challenges enabled us to develop stronger systems that are fit for purpose. In 2019 we trained 82 (34 male & 48 female) young leaders in Bulawayo, Mutare, Harare, Chitungwiza, Plumtree, Bulilima and Mangwe. These young leaders in turn worked with over 4,044 change makers within their communities resolving challenges that their communities face. We supported the development of a system that supports the Ministry of Women Affairs, Community, Small and Medium Enterprises Development to improve the way in which they support and manage cases of Gender Based Violence. We worked with 11 partners to strengthen youth-led civil society and amplify youth voices regarding sexual reproductive health and rights, and we partnered with nine government departments and ministries in improving the way they work with young people.

In the year 2019, we continued to hold high standards as an agency in both our internal and external audit. We kept innovating and exploring new opportunities with our programmes. The hard work of our staff, volunteers and loyal partners was rewarded as we became the best Country Programme in 2019. We pledge to remain innovative and deliver with high standards in all areas of our work.

This year alone we managed to reach out to 1 018 young people with disabilities, working through our partners such as Deaf Zimbabwe Trust and Nzeve with some of these young people taking their advocacy initiatives to regional platforms. It has definitely been a great learning experience for us as an organisation in this area. We are extremely honoured to have worked with so many brilliant young volunteers, young people, youth-led organisations, schools, ministries and civil society organisations, development actors, as well as the individuals, businesses and networks that gave their time and resources to support our work.

For the year ahead, our ambition is not just about working with young people, it is about building new leaders and shifting power to the youth. We strongly believe that leaders multiply leaders and our role is not just to work with young people to deliver programmes that solve the challenges they and their communities face, but that as we do so, we develop real leaders. Leaders that are able to mobilise communities, improve development outcomes, engage with partners as well as reshaping our societies.

Best wishes

Farai Muronzi

Restless Development
Hub Director
Young Leader’s Note.

Thank you for the opportunity to share my reflections with you in this year’s annual report. I am proud to be part of the peak youth generation of young people who are pulling their own weight tackling sexual reproductive health rights and HIV issues affecting young people.

Working alongside other young advocates through Restless Development was a challenging but also very productive experience. I have received more than I have given to the community. As a young leader in my community, it is encouraging to know that my efforts contributed towards behaviour change of other young people. Restless Development made me enjoy working with young people and I will continue to do this beyond my volunteering journey.

Restless Development appointed me to be a Young Leader in Hopely. I led my peers in organising Sexual Rights sessions and awareness campaigns, community dialogues, and sessions on Internal Savings And Lending directly reaching out to in and out of school youth. From this I acquired skills including how to lead and work with teams, facilitation skills, budgeting, community engagement and mobilisation skills, how to communicate effectively and how to engage key community stakeholders. Above all I acquired excellent leadership skills that will come in handy in my career.

Through my experience, I learnt how we have the power, potential and energy to tackle some of the biggest challenges facing our communities, country and planet. I plan to pursue a professional course in Project Management and a course in Sign Language because I was inspired by Restless Development’s efforts towards working closely with young people with disabilities. With sign language skills I shall be able to communicate better with deaf young people in my community, deepening access to sexual rights information and services to diverse young people.

I want to acknowledge and applaud Restless Development for the great opportunities they have given thousands of young people and I, over the last year, to become Leaders and agents of positive change. “Because they are, we are.”

Yours truly

Kudzai Mutemeri
Team Leader for ‘Peak Youth Tackling HIV’
OUR SUCCESSES FROM 2019
Sexual Rights.

OUR SEXUAL RIGHTS REACH IN NUMBERS

At least 11249 young people in 2019 were reached with SRHR sessions, dialogues and campaigns enabling them to realise their sexual and reproductive rights, change negative attitudes and be free from discrimination.

Males: 4706

Females: 6543

OUR SEXUAL RIGHTS STORY

SEXUAL RIGHTS – A world where young people realize sexual and reproductive rights for all, where policies, attitudes, and services advance people’s sexual and reproductive health and rights, helping to end AIDS and enabling young men and women to be free from discrimination.

In pursuit of ending HIV and AIDS by 2030 and increasing young people’s access to sexual reproductive health and rights in Zimbabwe, Restless Development Zimbabwe implemented a number of sexual rights programs across all six (6) districts. We prioritized interventions in areas of access to sexual reproductive health service, behavior change through knowledge transfer as well as influencing policies. We also held a number of youth-led research that focused on health issues being faced by young people in their communities.

We implemented a number of programs including Peak Youth Tackling HIV, funded by Egmont Trust and Comic Relief which focused on empowering young men and women with the skills and knowledge to mitigate the effects of HIV and have improved access to youth friendly sexual reproductive health services. We also implemented the AmplifyChange which aimed at increasing young people’s access to sexual rights. We also implemented a project funded by the Porticus Foundation which focused on enhancing youth participation in civic spaces as well as linking young people to decision makers so that they can convene conversations for action.

Our Youth Research Academy funded by Hivos, provided an opportunity for young people to take ownership of their SRHR agenda and actively inform and determine their Adolescent Sexual Reproductive Health and Rights (ASRHR) needs.

We have used our famed volunteer-led model in implementing our activities in the communities. The volunteer-led approach aims to build future leaders who are ready to inspire and respond to issues affecting young people’s sexual health. Young people led comprehensive sexuality education sessions within and out of school young people, led community and district dialogues helping find local solutions to issues affecting them, conduct awareness campaigns coupled with health service provision, video screening on different issues such as drug abuse, Sexually Transmitted Infections (STI) among others as well as condom education and distribution.
We conducted mobile outreaches on health service provision across districts where young people accessed different youth friendly sexual reproductive health services such as; HIV Testing Services (HTS), family planning, Sexually Transmitted Infections screening, voluntary medical Male Circumcision (VMMC), cervical cancer screening as well as breast cancer screening. We conducted the mobile outreaches across districts in collaboration with our partners as well as line ministries. The main aim of the outreaches was to increase young people’s uptake of sexual reproductive health services. Our interventions were aligned to the national response of achieving the “90*90*90” targets as a key milestone in ending AIDS by 2030.

Our youth-led research on health service provision has interrogated issues that young people with disabilities are facing in accessing youth friendly health services. We focused on young people with hearing impairment and noted that high illiteracy levels among deaf young people is due to limited access to adequate education hence complex words and phrases used in media and in some awareness are incomprehensible for most deaf youth. Another highlight from the youth-led research was the ignorance of the deaf culture in communities which limits interaction between deaf young people and other community members thereby hindering their access to SRHR information and services. In response to these findings, we are designing programs based on the recommendations from the young people, specifically the deaf community.
OUR VOICE STORY

Young people and decision making

Powered by AmplifyChange, Hivos, Eypics and Comic relief, we recruited and trained 60 youth, 14 of whom were young people with disabilities, as advocate volunteers on leadership, youth-led research and youth-led accountability. The young people collected data in Harare, Chitungwiza, Bulawayo, Plumtree, Bulilima and Mangwe on the challenges they face in accessing sexual and reproductive health rights and services as well as challenges in facing comprehensive sexuality education.

Young people presented the key findings to the Parliament Portfolio Committees on Youth, Health and Finance at organised meetings. The Committees made the following commitments which the young people will follow up on.

Portfolio Committee on Health and Child Care promised:
1. To Amend the Public Health Act so that it includes a section that allows minors to access SRHR services once they are sexually active.
2. Youth Sports Arts and Recreation promised:
3. To push for a Youth Act
4. To commit to 100% adherence to section 20 of the constitution
5. To lobby for the relaxation of Empowerbank loan requirements

Budget Finance and Economic Development promised:
1. To budget for youth friendly centres/spaces.
2. Implementation of the Nziramasanga Commision.
3. Engagement of Youth in budget consultations.
4. Mainstreaming youth in leadership positions by pushing the ministry of finance and economic development.
5. Creation of satellite banks to ease ways of accessing funds and do away with red tape.

The Disability Senator promised to:
1. Ensure the disability bill is passed into law with the input of persons with disability.
2. Ensure the long awaited disability policy is implemented.

OUR VOICE REACH IN NUMBERS

At least **4591 young people** engaged with decision makers in various decision making platforms sharing their views and influencing decisions to increase access to SRHR services and information.

- **Males:** 1849
- **Females:** 2742
Young people from Harare, Chitungwiza, Bulawayo, Plumtree, Bulilima and Mangwe promised to:
1. Follow up with Members of Parliament until their voices are heard.
2. To demand sexual and reproductive health rights.
3. To fully participate in all forums that amplify youth voices.
4. To gain full knowledge of policies and acts of Parliament.
5. To contribute towards national development and reduce stigma and discrimination of young people with disabilities.

NOTE FROM DEAF ZIMBABWE TRUST – OUR AMPLIFY CHANGE PARTNER

Before we were involved with the AmplifyChange Program led by Restless Development, there was a lack of knowledge on issues relating to Sexual and Reproductive Health Rights in the Deaf Community as deaf young people were often left behind. In the Harare East District, there are two schools for persons with Disabilities and these are Deaf Zimbabwe Trust School and Danhiko Project School. Deaf Zimbabwe Trust School is a private school and is a bit more flexible in terms of the curriculum and has therefore incorporated comprehensive sexuality education in their syllabus. This means that the young people learning there, have knowledge on SRHR and CSE, as compared to their counterparts at Danhiko Project school.

Deaf Zimbabwe was supported by Restless Development to conduct youth-led research. We did a focus group discussion at Danhiko Project and discovered that there was barely any knowledge on CSE and SRHR. We decided to run an awareness campaign specifically for the pupils at Danhiko Project and Deaf Zimbabwe Trust to ensure that they got increased access to sexual and reproductive health information. We reached out to eighty young people through the youth advocates and facilitators from Adult Rape Clinic, Deaf Zimbabwe Trust and Mashambanzou Care Trust. We also offered on-the-spot counseling services.

The efforts resulted in increased knowledge for young people with disabilities. We ran a survey at the end of the workshop which indicated that more young people responded accurately to SRHR questions compared to the beginning of the campaign. Many young people with disabilities accessed counseling and advice on SRHR issues they were facing. Others understood the safeguarding protocol and where to go when they need help on safeguarding related issues.
OUR YOUTH-LED ACCOUNTABILITY MODEL

In December 2018, we co-developed the Youth-led Accountability Model with UNFPA-ESARO and 25 young activists from East and Southern Africa. The 3-part series features...

Our Regional Youth Indaba for delivering on political commitments on sexual and reproductive health and rights, HIV and gender equality in the SADC region through youth-led accountability.

In October 2019, we held a regional Youth Indaba in Pretoria in partnership with UNFPA-ESARO, SADC PF. It attracted young people and young MPs (Member of Parliament) aged 18–35 years from SADC Member States, Civil Society, Researchers, UN and members of the SADC–PF. The meeting aimed at creating capacity and impart skills in young people to enable them hold their governments accountable for commitments made on Sexual and Reproductive Health and Rights (SRHR), HIV and gender equality. The three-day engagement was divided into themed sessions and led by designated moderators. Engagement was vibrant and robust during plenary and group work sessions, where participants had the opportunity to explore various themes in greater detail.

This resulted in groups sharing a common understanding and definition of components of accountability developed and shared in the youth-led accountability cycle, co-developed by Restless Development and UNFPA with young people from Eastern and Southern Africa (ESA). Through rotating case studies, participants also shared models and strategies for advocacy, accountability and community mobilization on SRHR, HIV and gender equality. Civil societies and UN representatives shared a range of presentations and participants increased their understanding of relevant laws and policies on Adolescent Sexual and Reproductive Health and Rights (ASRHR) and strengthened their knowledge of relevant continental and regional frameworks for advancement of youth-led accountability.

The Youth Indaba concluded with an Inter-generational Dialogue, officially opened by His worship, Hon. Stevens Mokgalapa, the Executive Mayor of the city of Tshwane along with other dignitaries. Panelists included SADC–PF representatives, senior MPs, member of the Pan African Parliament, development partner from the Danish Embassy, UNFPA youth volunteer and young MPs that shared their approach to supporting issues related to adolescents and young people with a focus on sexual and reproductive health and rights, HIV and gender equality, while acknowledging what is more to be done and how their respective organizations envision their commitments to fulfil the unfinished business. The conversation was followed by the opening of the floor giving opportunity for young people to ask questions to the panel on the role of youth led accountability and commitment on youth development and achieving the ICPD unfinished agenda.

Key outcomes of the meeting include commitments from young people to improve the delivering of political pledges on SRHR, HIV and gender equality in the SADC region and a draft resolution of the Youth Indaba on strengthening youth-led accountability in SADC parliaments for delivering on commitments on SRHR, HIV and gender equality. The draft resolution awaits final approval from SADC–PF.
OUR LIVING REACH IN NUMBERS

At least 331 young people in 2019 received training on financial management, entrepreneurship and were supported to start income generating activities thus empowering them to achieve a sustainable living.

- Males: 190
- Females: 141

OUR LIVING STORY

My name is Velmah Chinyadza, aged 19, residing in Ushewokunze with my parents. I sat for my Ordinary Level examinations in 2016 but did not obtain all the 5 subjects required for a full certificate. I could not go back to school in 2017, due to some socioeconomic circumstances. However, in 2018 I sat for additional subjects which I passed, and I am now a holder of a full Ordinary Level Certificate. As I was still thinking of what I could do to earn a living, I was approached by a friend who invited me to attend a training conducted by Restless Development in our area.

I attended a two—day training on entrepreneurship facilitated by Restless Development. We were taught about how to generate a business idea and translate it into practise, using locally available opportunities. We were encouraged to pool resources together through Internal Saving and Lending Schemes (ISALS), in order to start or expand the capital base of our enterprises.

After the training, we formed an ISAL group in October 2018 which we named ‘A Thousand Miles” with 14 other trained members. Our journey of a thousand miles began by each member contributing US$5.00 per month and those who borrowed would repay at 10% interest rate. To raise my subsciptions, I borrowed some money from my parents which I used to buy and resell petroleum jelly. From the internal savings and lending scheme, I raised US$40 which I used to expand the petroleum jelly business. Demand for petroleum jelly increased and I also thought of diversifying products for my market, but I did not have enough capital to support my ideas. My prayer was answered in June 2019 when Restless Development announced that they would fund three successful business proposals for young people in Ushewokunze. I managed to apply the critical aspects I had gained through the training by Restless Development and developed my business proposal to run a tuck shop to supply basic commodities to my community. I was so excited when I received a phone call from the Restless Development office informing me that my proposal was successful and they would fund me with US$400 to grow my business.

The funding and technical support from Restless Development, enabled me to open a tuck shop with basic needs such as cooking oil, sugar, salt, rice, soap and other kitchen utensils. Since then, I have raised between US$75 and US$100 per week.
The tuck shop is proving to be useful to community members as they get their basic commodities from my tuckshop, which is within their vicinity, instead of travelling long distances to other shopping centres. My vision is to open a flea market to also supply clothing items to my community. Once we get connected to electricity, I intend to open a butchery as well.

I want to thank Restless Development for the training and for the financial support. I am so committed to my project. I’m planning to enrol for night school with the Polytechnic College in town so that I can run my business during the day and at the same time pursue my studies in the evenings.

Our Partners and Funders.

**OUR FUNDING PARTNERS**
- Amplify Change
- Comic Relief
- Egmont Trust
- Garden Trust
- Hivos
- Porticus Foundation
- UN Women

**OUR STRATEGIC PARTNERS**
- AIDS Counseling Trust
- Deaf Zimbabwe Trust (DZT)
- Elevation Zimbabwe
- Family Health International
- Hope For Adolescent and Youth
- Hopley can Change Initiative
- Leonard Cheshire
- Madanhaashe
- Ministry of Youth, Sports, Arts and Recreation
- Ministry of Primary and Secondary Education
- Ministry of Local Government, Public Works and National Housing
- Ministry of Public Service, Labour and Social Welfare
- Ministry of Women Affairs, Community, Small and Medium Enterprises Development
- National AIDS Council
- Nzeve Deaf Centre
- Population Services International
- Population Services Zimbabwe
- SAFAIDS
- Shanduko Yemwanasikana
- Tjinyunyi Babili Trust
- Youth Advocates Zimbabwe
- Youth Edutainment Services Trust (YES Trust)
- Youth Aspire Development Trust (YADT)
- Zimbabwe Women Bereue
- Zimbabwe Youth Council
- Zivo Aid Group
Statement of Finances.

STATEMENT OF FINANCIAL POSITION
FOR TWO COMPARATIVE YEARS

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<tr>
<th>ASSETS</th>
<th>2019</th>
<th>2018</th>
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<td>Non -current assets</td>
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<td>73,673</td>
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<tr>
<td>Property and equipment</td>
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<th>RESERVES AND LIABILITIES</th>
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<td>TOTAL RESERVES AND LIABILITIES</td>
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The financial information provided here is a summary extracted from our Audited Financial Statements for the year ended 30 September 2019 as approved and ratified by the Trustees.

The information availed is an excerpt of the Financial Statements and may not contain sufficient details to allow full comprehending, understanding and comparing of Restless Development Zimbabwe’s operating affairs.

STATEMENT OF COMPREHENSIVE INCOME
FOR TWO COMPARABLE YEARS

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<th>EXPENDITURE</th>
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<td>714,758.64</td>
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“I am proud to be part of the Peak Youth Generation of young people who are pulling their own weight; tackling the biggest challenges facing young people.”

Kudzai Mutemeri, Young Leader, Restless Development Zimbabwe.
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