

Our Values Champions

Karthik Anandaraj

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His Restless Story

Karthik first joined Restless Development as a volunteer in 2003 and has since undertaken many different roles including Team Leader, Club Coordinator, Field Officer and Assistant Programme Coordinator. He is currently coordinating the International Citizen Service (ICS) programme in India. When he first joined Restless Development as a volunteer he was studying chemistry, and it was his volunteer placement that inspired him to go on to study development. He was recognized as a values champion by his peers who recognised Karthik for putting into practice Restless Development’s values and his patient and dedicated leadership style.

Which of our Values speaks to you the most and why?

“The Heart Value. I am really passionate about youth development; I am from a very remote village and I found there was not many places for young people to actually positively engage in the community. After joining Restless I find that youth involvement in the development of communities is very innovative and brave, which is something I really enjoy working on.”



What do you think makes Restless Development so special?

“I feel that Restless Development’s approach with young people and the youth engagement model makes it special. Empowering young people to lead at the community level, and ensuring young people’s voices are heard at every level is special to me.”

How do you keep our values alive day to day?

“As part of my role I train young volunteers from rural and urban parts of India. My approach with the groups of young people is to be very professional and a role model in terms of motivating them to take action for their own community issues.”

If you could say one thing to your colleagues across Restless Development, what would it be?

“Restless Development found and inspired me to be a leader and work for young people’s role in development. Keep inspiring many young people around you... that one single inspiration could make them a leader!”



As part of ongoing celebration of our values, a values champion will be profiled every month. Champions were nominated by their peers and selected based on their commitment to the Values and ideals of Restless Development. To learn more about our values, visit www.restlessdevelopment.org/our-values