

Restless Development Nepal has been working with young people in 45 of the 71 administrative districts of Nepal since 1991. More than 70 staff support 210 volunteers to deliver eight programmes with a focus on women and girl's sexual rights, humanitarian mobilisation, and working with Lesbian Gay Bi-sexual Transgender Intersex Questioning (LGBTIQ) individuals and organisations.

**Voice.** With support from UNICEF, Restless Development Nepal's SAMBHAV programme is working across ten districts in Nepal to support young people from marginalised communities to identify strategies to take action in their priority areas, collaborating to counter harmful social norms and practices, particularly in relation to their sexual health.

In the central western region, Restless Development Nepal is building a coalition of 40 local and national youth partners, opening up spaces for youth to participate in decision making spaces and focusing on joint accountability initiatives.

**Living.** Through the HAMSA programme, Restless Development Nepal is working with UNICEF to engage young people with holistic training packages on Living, Sexual Rights and Youth Voices. In the past year alone, the project has engaged with 174,591 young people and adolescents.

In the Rupantaran programme, a pool of Restless Development trainers are mobilised to deliver a social and financial skills training packages across six districts in Nepal. The Rupantaran curriculum is used by the Nepalese government, partners and local and international NGOs across Nepal

**Sexual Rights.** Through funding from the UN Trust Fund, Restless Development Nepal is working with communities in four districts across the mid and far-west regions of Nepal to counter the traditional practice of *chhaupadi* - the exclusion of women from society and enforced banishment from the home to animal sheds during menstruation. The project ensures women and girls have access to better nutrition, social support and education during menstruation, whilst increasing awareness and support for the abolition of *chhaupadi* among community leaders, empowering young people; and strengthening local organisations and government to take action on *chhaupadi*. More than 43,000 girls and women are expected to benefit and, so far, 82% of community leaders and 93% of the traditional healers have committed to working to end all forms of discrimination.

**Leadership.** Following the 2015 Nepal earthquake, Restless Development Nepal engaged with youth across the country in the rebuilding of their communities. A total of 512 semi-permanent Temporary Learning Centers (TLCs) were constructed and subsequently became the heart of the communities' response to the humanitarian effort. Many of these centres remain and are supported by young people to continue to provide a safe learning environment and where different community actors can come together to discuss the continued rebuilding of Nepal.



**Hub Director:** Ravindra Shakya

**Staff:** 78

**Our Partners:** Restless Development Nepal is unique in that all of its work is delivered through local partners. Currently it has a network of 40 local partners.

**Our Donors:** UN Trust Fund to end violence against women, the Dutch National Postcode Lottery, UNICEF, Dance 4 Life, UNFPA, Read Global, and VSO / DfID